

Careers: Academic primary care for clinicians & non-clinicians

Dr. Sophie Park

GP & Senior Lecturer in Primary Care

Senior Fellow Higher Education Academy

Chair SAPC Education Research Group

Dr. Sarah Tonkin-Crine

Health Psychologist & Senior Researcher

Member of SAPC Executive Committee

Chair of SAPC Behaviour Change Special Interest Group

What does success in 5 years time look like for you...?

Geography

Hobbies

Life balance

Status

Research

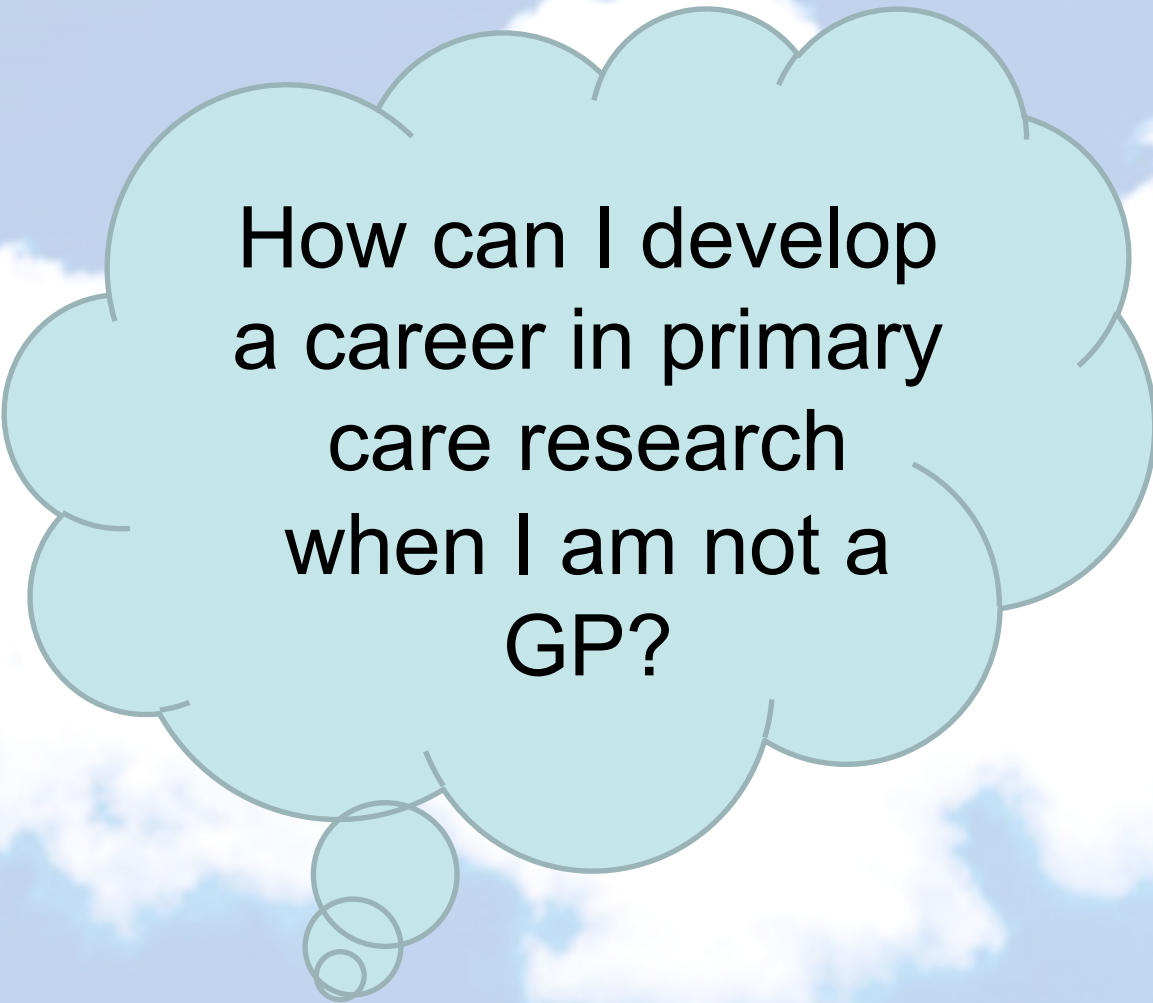
Teaching

Clinical

Qualifications

5 year plan: Getting there...?

- What do you *know* you need to do to get there?
- What are you *unsure* about getting there?

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How can I develop
a career in primary
care research
when I am not a
GP?

Who and what is PHoCuS?

- PHoCuS = Primary Healthcare Scientists
- Any member of SAPC who is not medically trained is a PHoCuS member.
- PHoCuS was set up to represent and support non-clinical researchers in primary care.



Who and what is PHoCuS?

- Multi-disciplinary research group

Statisticians

Project/Trial/Study Managers

Sociologists

Psychologists

**Health
Services
Researchers**

**Computer
scientists**

Engineers

Pharmacists

Anthropologists

My career path so far



What helped my career?

- Working with good people
- Knowing others in your research area
- Knowing others in academic primary care
- Having an independent mentor
- Knowing how to market your skills
- Strengthening your CV
- Getting involved

The PHoCuS Group

SAPC

Society for Academic Primary Care

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Primary Health Care Scientists - PHoCuS

Primary Healthcare Scientists make up around half of the APC workforce



Prof Christine Bond



Prof Sandra Eldridge

August 24, 2015

Published in
PhoCus

[APC derives its strength from its multidisciplinary workforce.](#) In 2012, the Society started work to understand and address the career development needs of our our members who don't come from a medically qualified background. The result was the establishment of our PHoCuS group.

Importantly the request for this group to be established came from two medically qualified SAPC members - Professor Helen Lester and Professor Peter Croft. We have to thank both of them for helping us establish the group, Helen for her vision and belief in the added value PHoCuS members brought to APC, and Peter for identifying a start up fund of £5k.

Professor [Christine Bond](#) and Professor [Sandra Eldridge](#) now lead a team of PHoCuS members developing a range of support for our members.

Purpose of PHoCuS

1. To give members a **voice** and **presence**
2. To act as a **networking** hub
3. To provide **specific activities**



Mentoring scheme

- Pairs ECRs with more experienced researchers to get career support and guidance.
- 13 mentors currently offering support to 25 mentees.
- Set up for PHoCuS members but now seeking to expand to include all ECRs (from October).



Mentoring Scheme

- ▶ Mentees value:
 - *‘Talking to an independent person outside of your own department’*
 - *“Having dedicated time to discuss career aspirations and receive feedback”*
 - *“Someone to talk to with a very different perspective”*
- ▶ Mentors value:
 - *Enjoy supporting colleagues*
 - *New perspectives and fresh insights into own thinking*
 - *Mutual benefit from discussions*

PHoCuS Activities

Regional Champions

London: Jenni Burt

South West: Emily Fletcher/Sue Richards

North: Becci Morris/Sarah Knowles

Midlands: Sarah Rogers/Liz Orton

Ireland: Anne Macfarlane

Virtual Meetings

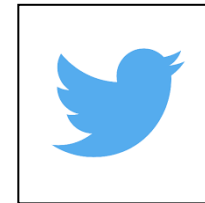
Akke Vellinga (Galway)

Barbara Nicholl (Glasgow)

PHoCuS Activities

Social Media

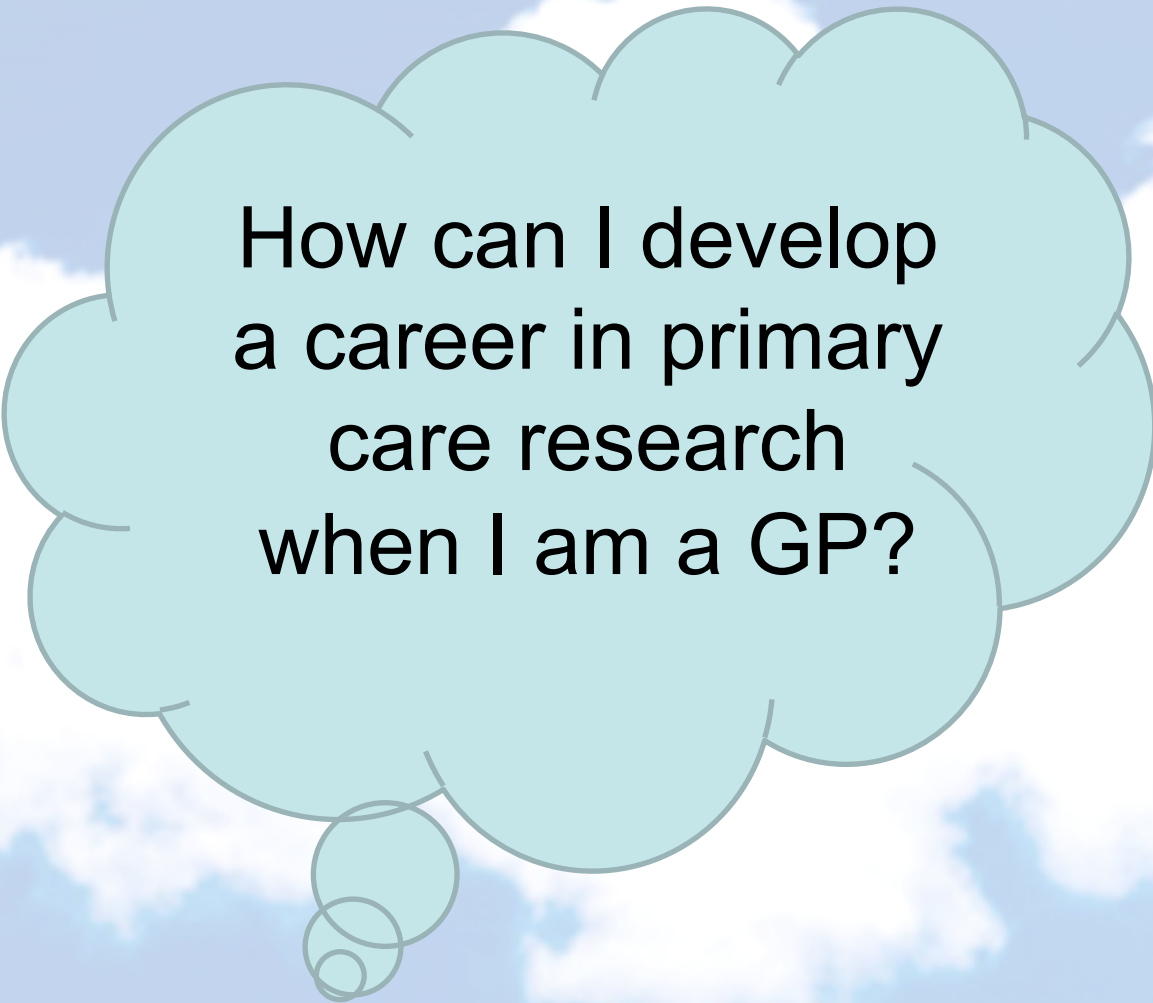
Becci Morris (Manchester)
Barbara Nicholls (Glasgow)
Sarah Tonkin-Crine (Ox)
Susanna Fleming (Ox)



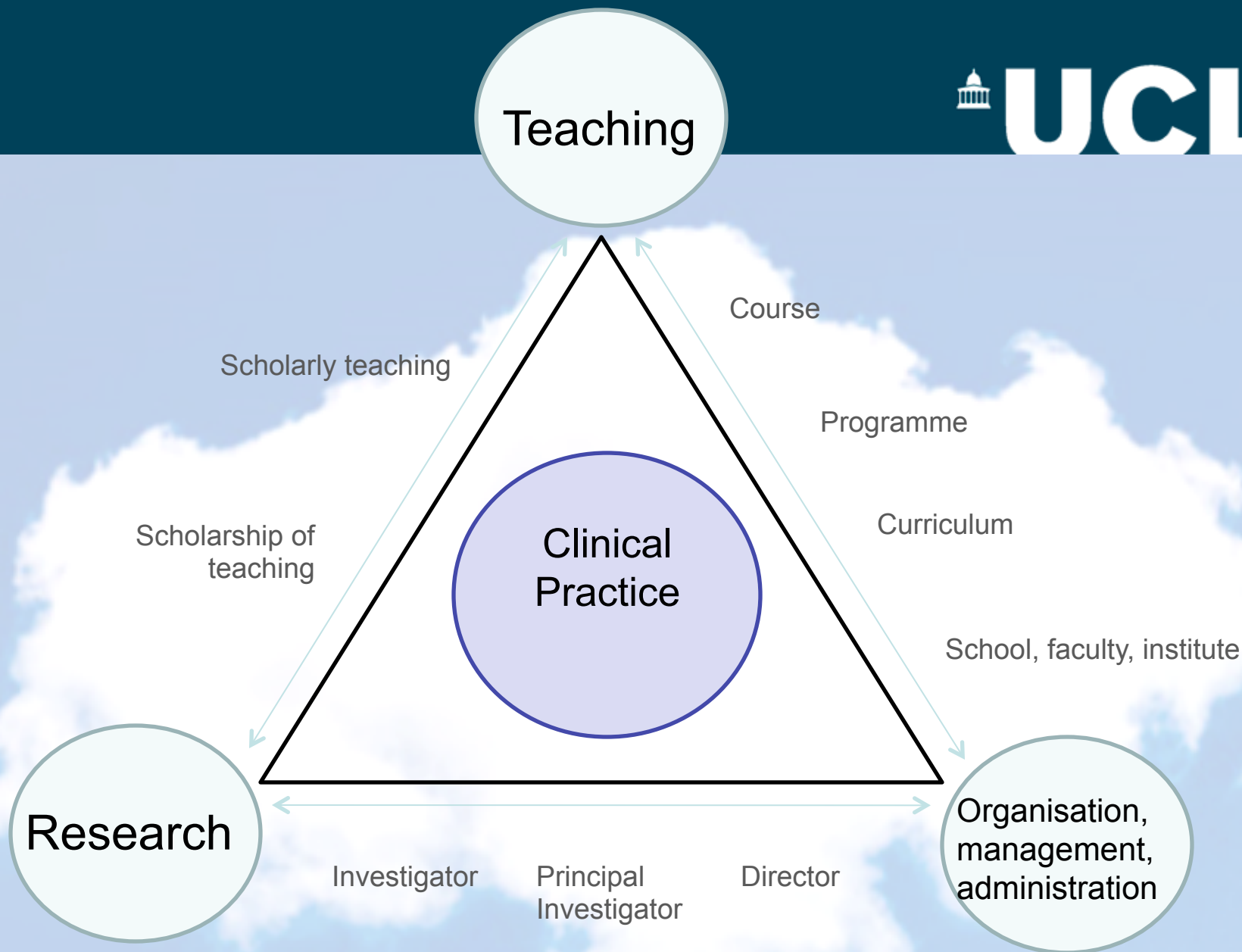
#phocus

Discipline Specific Groups

Psychology: Sarah Tonkin-Crine
Sociology: Julia Hiscock
Statistics: Beth Stuart & Gary Able

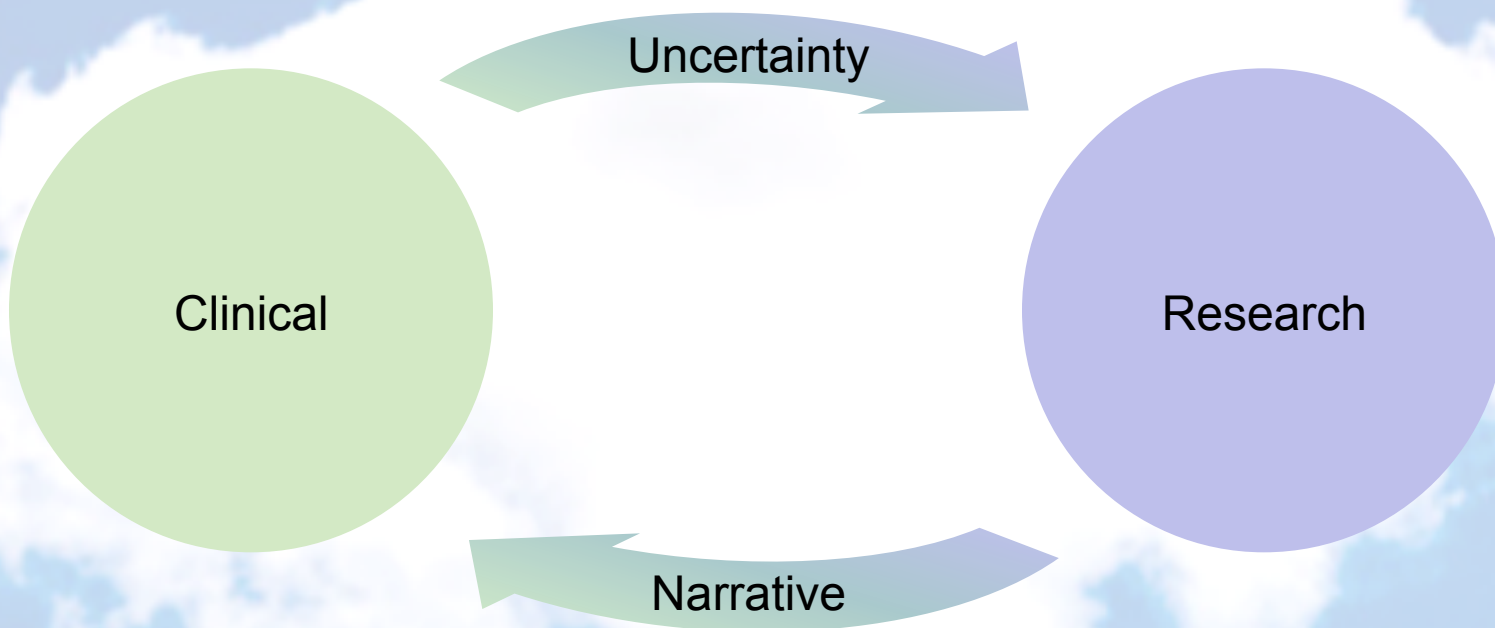
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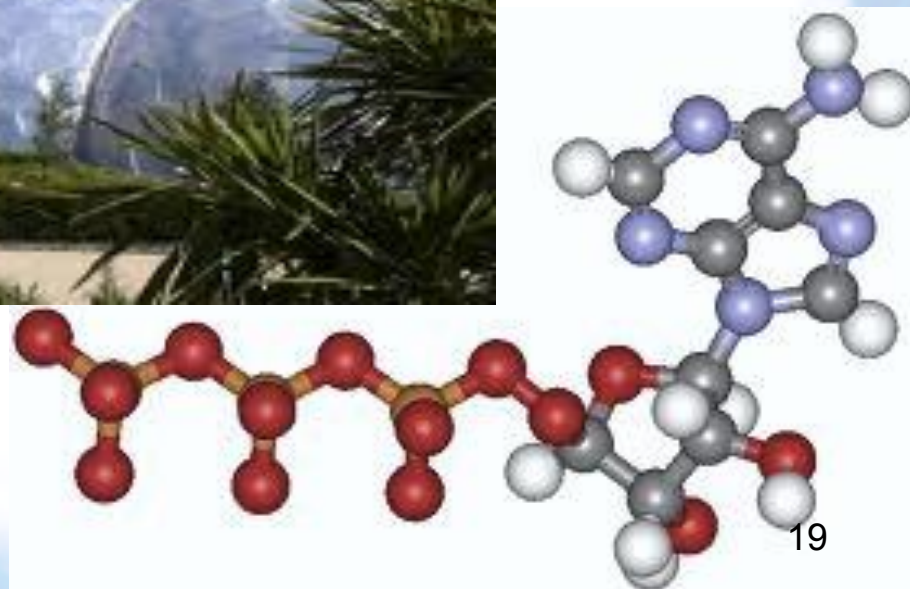


Scholarship and Knowledge

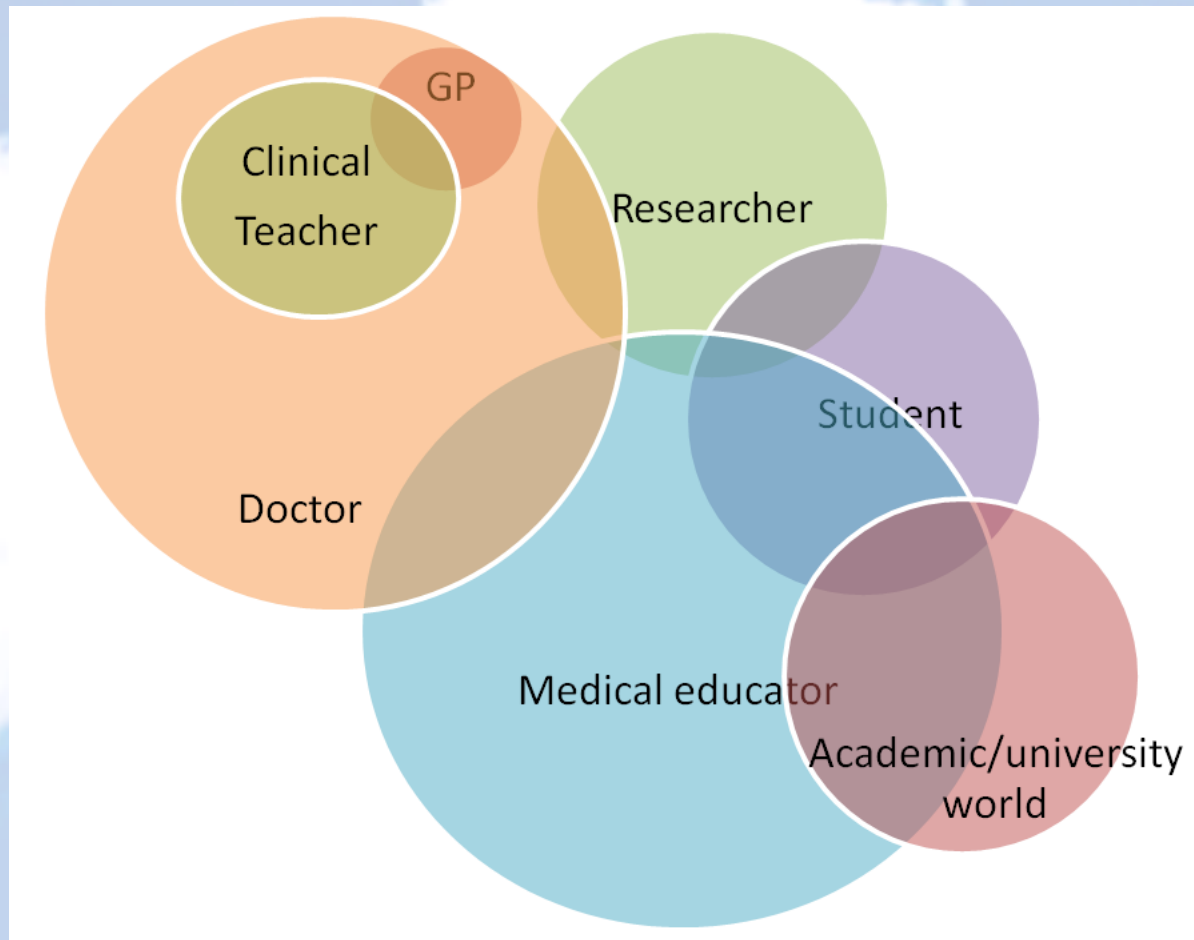
- Technical knowledge (*techne*)
- Practical knowledge (*praxis*)
- Theoretical knowledge (*episteme*)



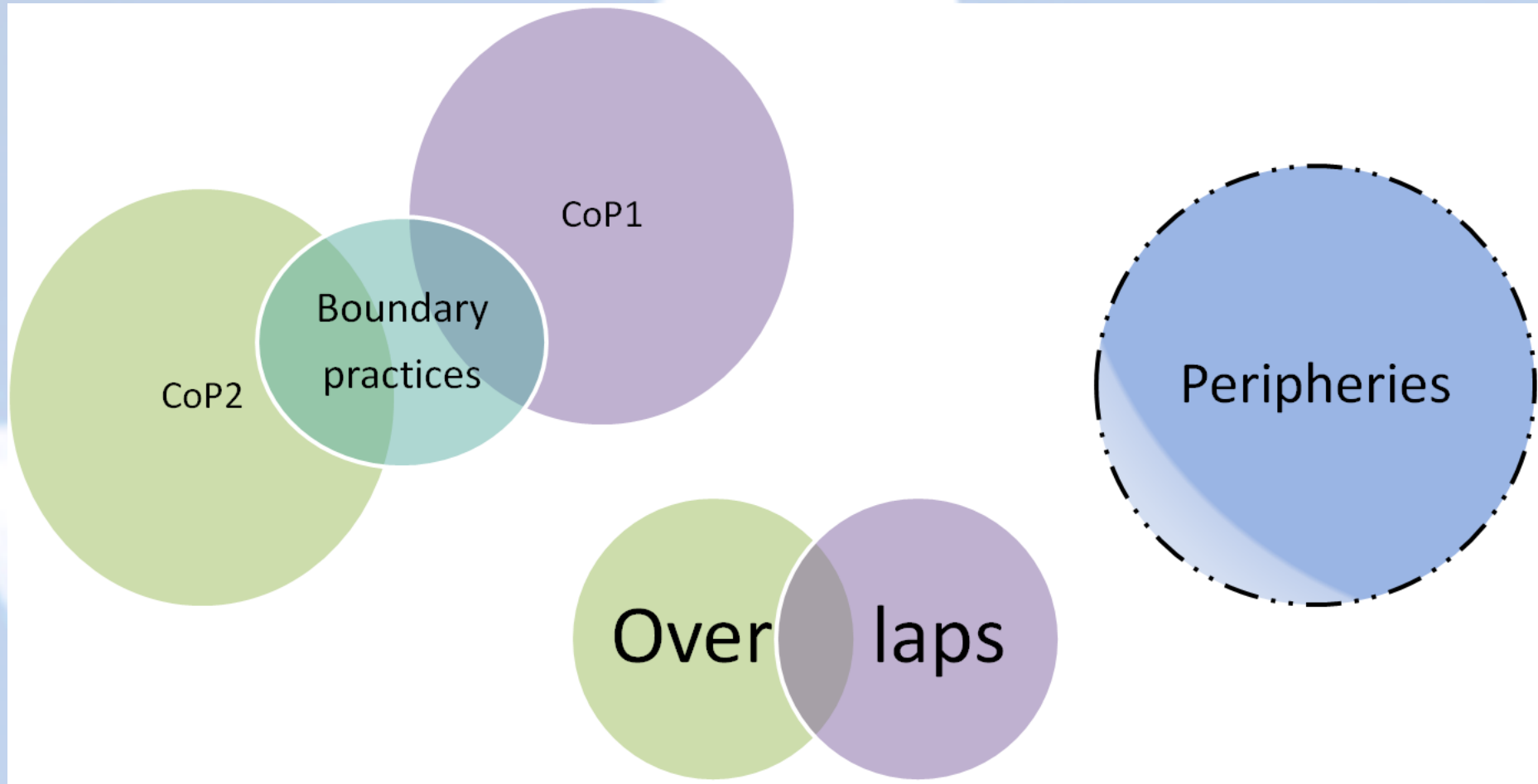
Your communities & connections



Professional communities and connections



Boundaries and peripheries



Back to your questions

A large, fluffy white cloud is centered in the lower two-thirds of the slide, set against a clear, light blue sky background.

Voice of experience

- Always do your best
- Get good colleagues
- Collaborate
- Social networking
- Forget 9-5
- Maintain a good work-life balance
- Try not to say 'No'
- Be prepared to move
- Be realistic, start small
 - Travel bursaries
 - Local funding
 - Start up funds
- Get feedback
- Be resilient

Remember

‘Young researchers arefuture leaders and innovators in health research’

Sir John Tooke, President Academy of Medical Sciences

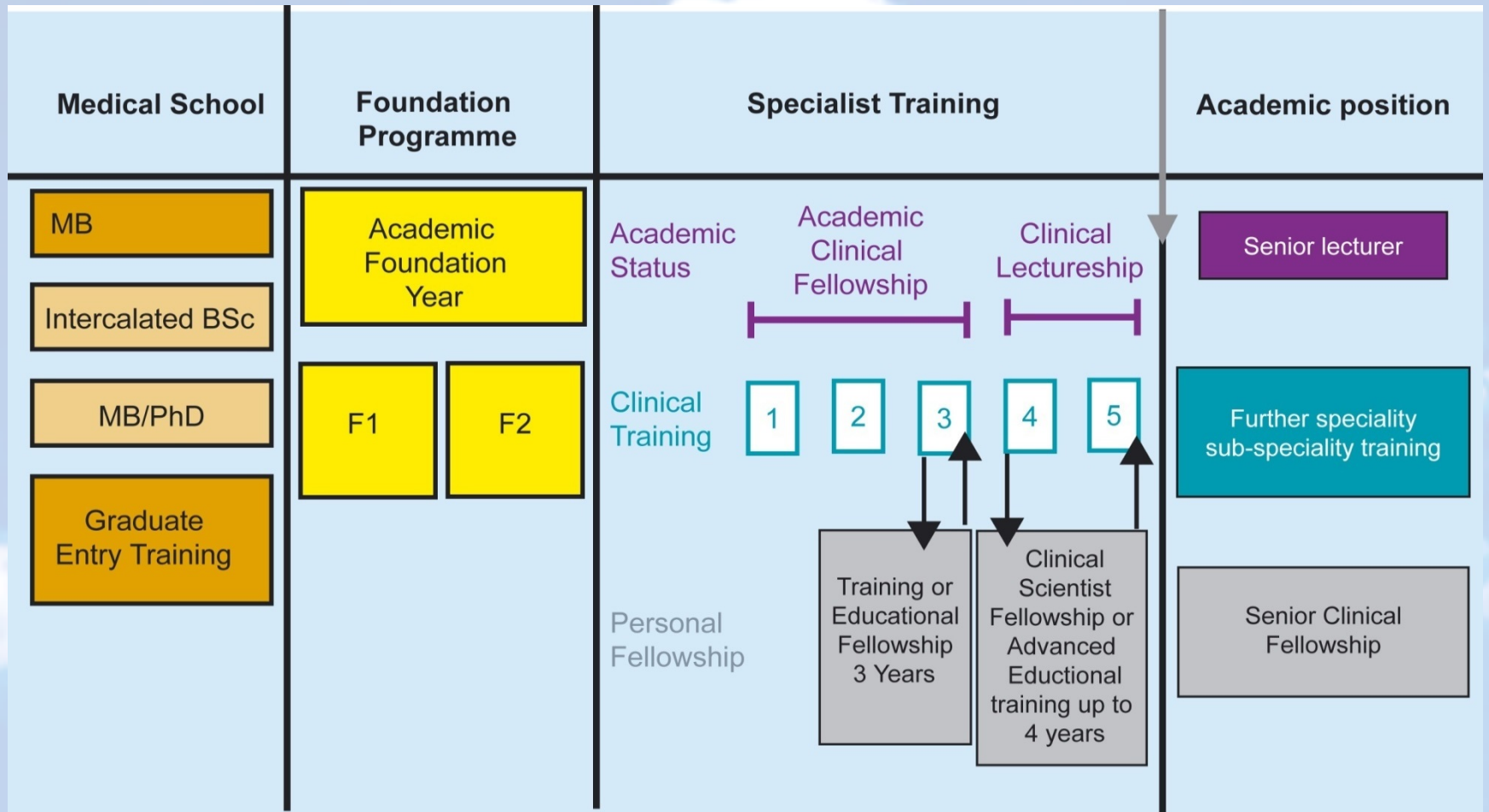
Thank you

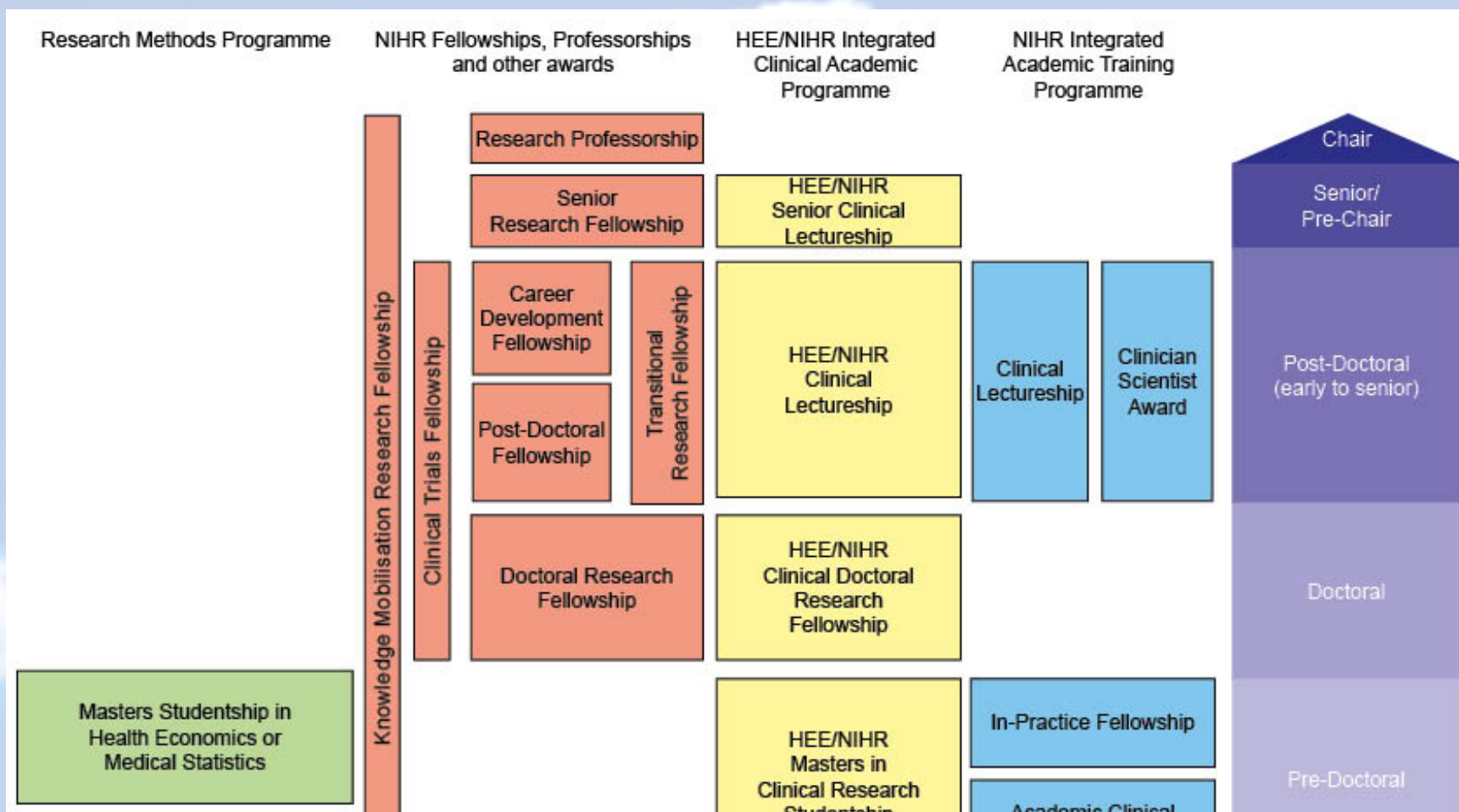
Sophie.park@ucl.ac.uk

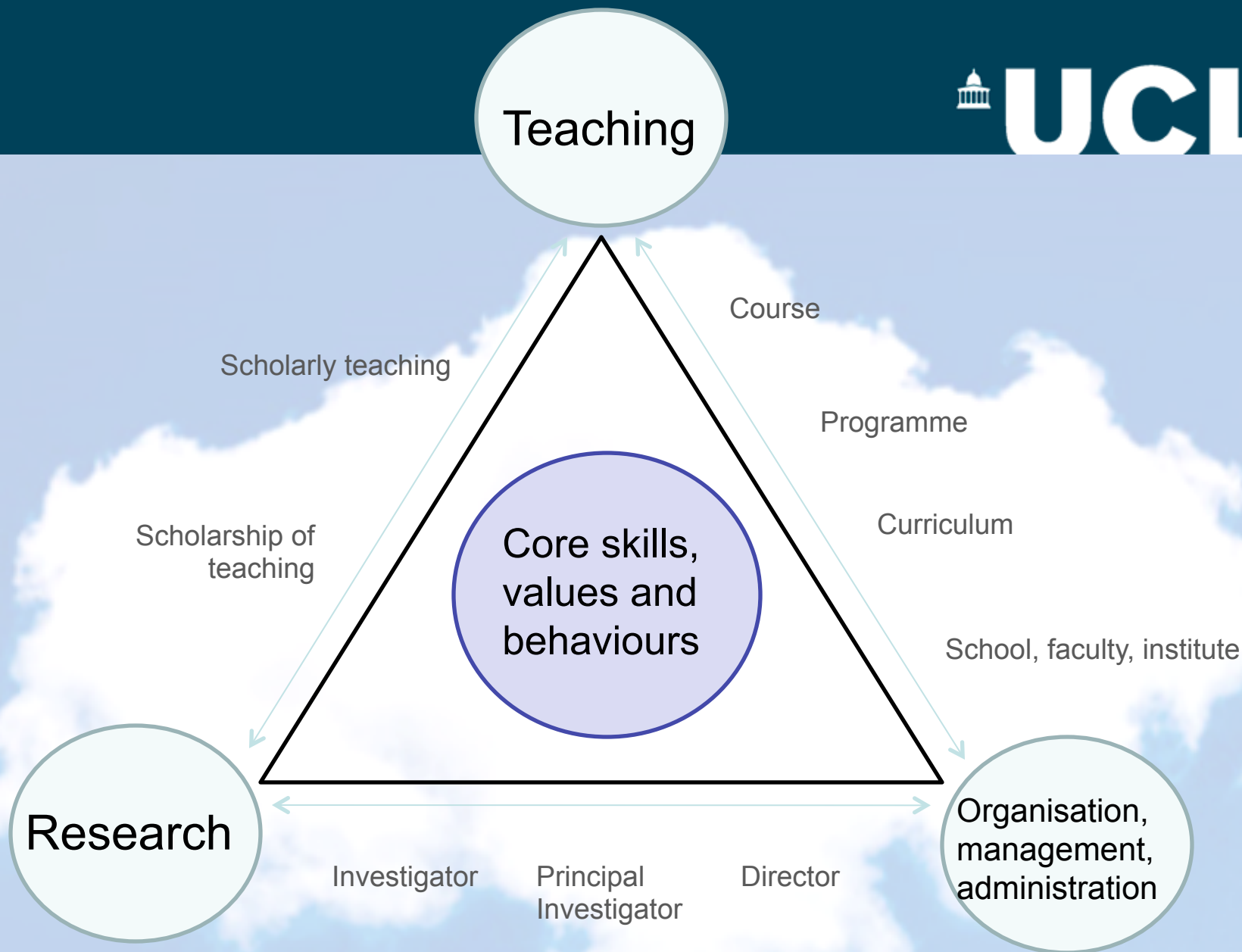
Sarah.tonkin-crine@phc.ox.ac.uk

Range of posts...

- Academic Clinical Fellow (ACF)
- NIHR GP Career Progression Fellowship
- NIHR 'in practice' fellowship
- Clinical doctoral fellowship
- Clinical teaching fellow
- Self-funding academic time



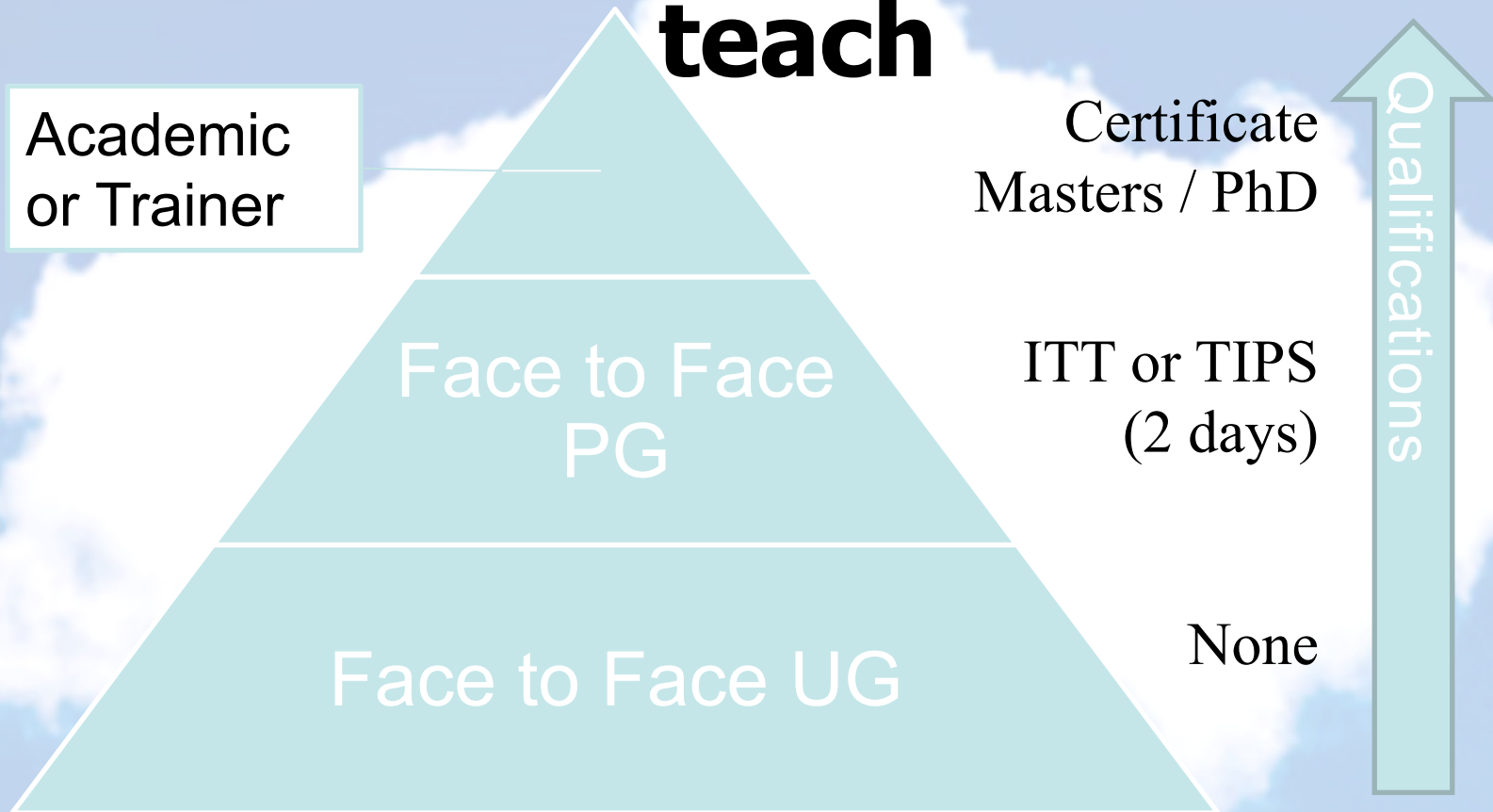




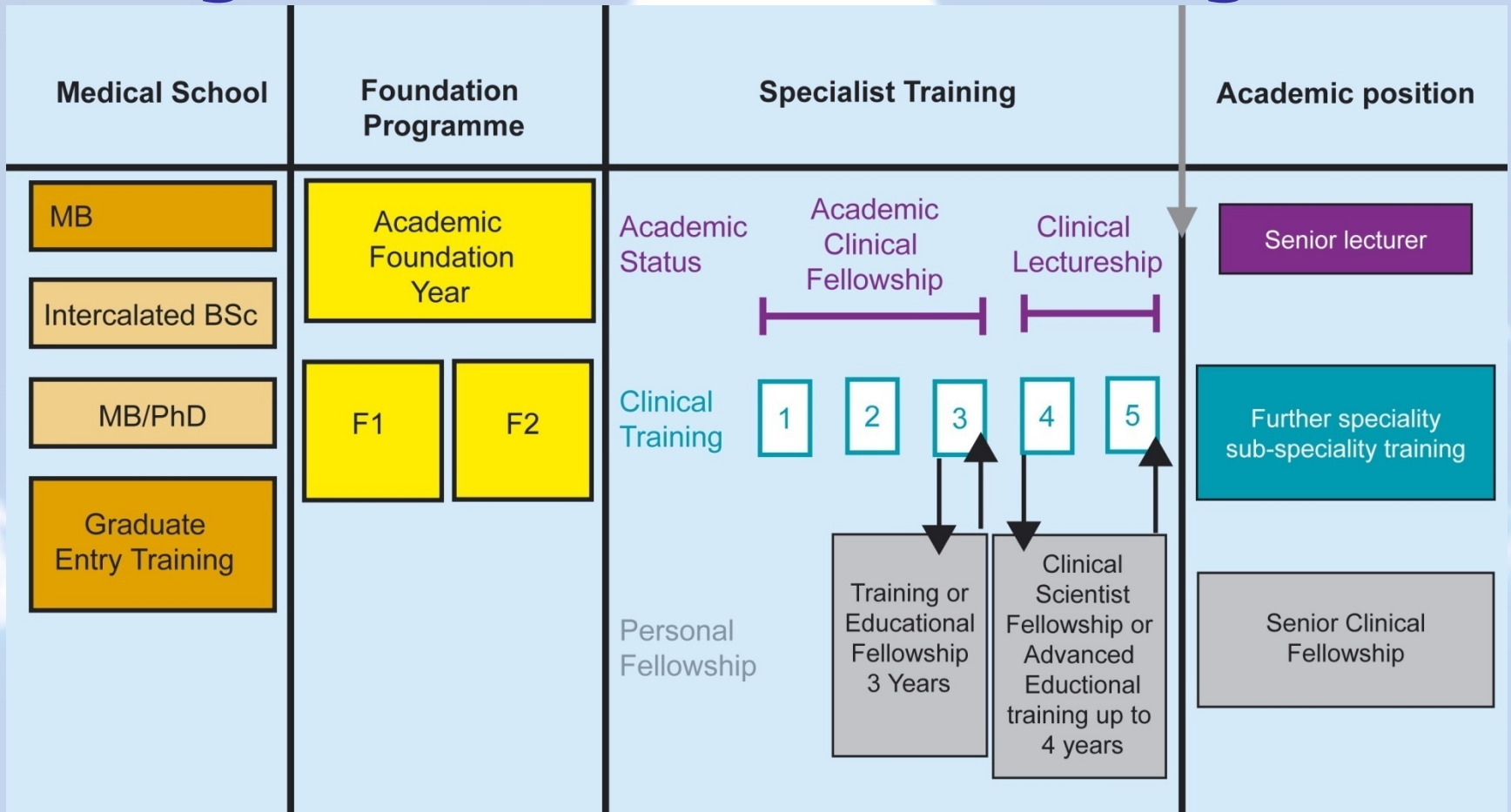
What opportunities do Drs have to teach?

- Undergraduate:
 - On site university-based teaching and planning
 - Patient practice-based (majority) in clinics etc.
- Postgraduate:
 - F2 supervision
 - GP OOH supervision
 - ST trainer or supervisor / GP Programme Director
 - Mentor / Appraiser / planning e.g. with Deanery
- Other:
 - Education Committees
 - Inter-professional lay

Opportunities Dr.s have to teach



Integrated Academic training Path



How do you develop as a potential clinical academic?

- Teach in your current clinical role
- Make the most of teaching courses and other training opportunities
- Consider pursuing a further qualification in medical education
- Get involved in practitioner research
- Publish
- Academic FY posts
- Higher degree

Where to get information and Guidance?

- Local Medical Schools or Deanery
- Institutions offering qualifications e.g. BSc, Masters or Doctorates
- Journals (Medical Education, Education for Primary Care, Medical Teacher)
- Higher Education Academy www.heacademy.ac.uk
- Academy of Medical Educators www.medicaleducators.org
- Association for the Study of Medical Education (ASME) and (AMEE – International) www.asme.org.uk

Research Training Opportunities for GPs

- Local opportunities via medical school departments of primary care
- NIHR In-Practice Fellowships
- NIHR Research capacity building awards
- NIHR Clinical Lectureships (CLs) in Academic General Practice
- Other Post-doctoral training fellowships
- NIHR Clinician Scientist awards

See National Coordinating Centre for Research Capacity and Development

<http://www.nihr.ac.uk/funding/training-programmes.htm>

Society for Academic Primary Care (SAPC):

www.sapc.ac.uk

