

NIHR SCHOOL FOR PRIMARY CARE RESEARCH

Best Western Chilworth Manor Hotel
Chilworth, Southampton, SO16 7PT

Wednesday 15th October 2025

Trainees Event Day 1

Time

10:00 - 11:00	Registration and Refreshments
11:00 - 11:10	Welcome Mark Lown, Christian Mallen, Steph Taylor, Hazel Everitt, and Stella Kozmer
11:10 - 12:25	Delivering a Flash Talk Simon Cain
12:20 - 13:15	Networking Sessions / Speed Networking
13:15 - 14:15	Lunch / Group Photo
14:15 - 16:30	Lightning Talks (inc. rest break)
15:30	Break
17:00 - 18:00	Day 1 Programme ends / SPCR Board Meeting
19:00	Dinner - Chilworth Manor Hotel (Smart / Casual dress code)



#SPCRTRAINEES