

## NIHR Three Research Schools Early Career Researcher Meeting

Thursday 12<sup>th</sup> March 2026, 10.00am-4.30pm  
 Venue: The Exchange, Birmingham

Welcoming all early career researchers across the NIHR Three Schools for Public Health, Primary Care, and Social Care Research to join us for this exciting opportunity to learn more about the work of the Schools and their programmes of research. There will be time for facilitated networking, engagement in interactive discussions and opportunities to foster collaborations across the Schools.

### Programme

10.00–10.45am	Registration, coffee, tea and networking
10.45–11.00am	Welcome and introduction from Three NIHR Research Schools
11.00 – 11.30am 11.30 – 11.45am	Keynote: Alice Mortlock, DHSC – 10-year health plan
11.45–12.10pm	<p>Oral session 1: Shift 1 - Hospitals to communities (lightning talks)</p> <ul style="list-style-type: none"> <li>• <b>Rosie Harrison, Keele University (SPCR):</b> <i>The potential of Advice and Guidance in enabling the shift of care from hospital to community: findings from the BADGER study</i></li> <li>• <b>Lucy Allison, Redcar and Cleveland Borough Council (SSCR):</b> <i>Exploring the expectations and experiences of friends and relatives of incapacitated adults subject to compulsive powers in care homes</i></li> <li>• <b>Tilly Attrill, University of Exeter (SPHR):</b> <i>Co-production of health services for the farming community</i></li> </ul> <p>10 min questions</p>
12.10–12.35pm	<p>Oral session 2: Shift 2 – Analogue to digital (lightning talks)</p> <ul style="list-style-type: none"> <li>• <b>Róna McArdle, Newcastle University (SSCR):</b> <i>First Steps Towards Digital Mobility Support in Dementia</i></li> <li>• <b>Ester Curtin, LSHTM (SPHR):</b> <i>Designing digital tools for public health: lessons from AI-enabled diet apps</i></li> <li>• <b>Tingting Zhang, University of Bristol (SPCR):</b> <i>Health Services Use and Digital Exclusion among Chinese Residents: A Qualitative Study</i></li> </ul> <p>10 min questions</p>
12.35-1.30pm	Lunch and networking
1.30-1.55pm 1.55 – 2.10pm	Keynote: Kathryn Oliver, NIHR Policy Research Programme Questions
2.10-2.35pm	<p>Oral session 3: Shift 3 – Sickness to prevention (lightning talks)</p> <ul style="list-style-type: none"> <li>• <b>Patrica Albers, University of Bristol (SPHR):</b> <i>Fuel Poverty and Health: Aligning with the NHS 10-Year Vision</i></li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Christelle Bay Chongwain, University of Birmingham (SSCR):</b> <i>Preventing Crisis in Dementia Care: How Community Organisations Enable Earlier, Equitable Support</i></li> <li>• <b>Amanda Shiach, Queen Mary University of London (SPCR):</b> <i>Persistent Gaps in Nutrition Education in UK Medical Schools: A Triangulated Review of Curricula, Student Perception and the Evidence Base</i></li> </ul> <p><b>10 min questions</b></p>
<b>2.35-2.55pm</b>	<b>Refreshment break</b>
<b>2.55-4.25pm</b>	<p><b>Poster sessions/discussions around 3 Shifts</b></p> <p>This session is designed to explore alignment of your research in a facilitated and supportive small group peer led environment. For people who feel confident in the alignment with the three shifts it is an opportunity to think about other perspectives, for those less confident it will help you to explore this with others and build greater understanding of how your work might align with the three shifts and in which ways.</p>
<b>4.25pm</b>	<b>Closing address</b>