

SPCR internship projects 2026

Name & email supervisor(s):

Dr Pushpa Nair, pushpa.nair@ucl.ac.uk

Name & email of reviewer(s) for applicants applying to undertake this internship project:

Dr Pushpa Nair, pushpa.nair@ucl.ac.uk

Length and dates of internship:

Flexible. 1st June – September (2-3 days/week on average over 2 months)

Host department:

Research Department of Primary Care and Population Health, University College London

How will the internship be conducted:

- ☐ In person at the university
- ☐ Virtual/ from home
- ☒ Both are possible, depending on preference of student

Hybrid – mixture of in-person and virtual, adapted to student preferences and needs

Title internship project:

Co-designing a care planning resource for South Asian people with dementia and carers

Summary of the internship project: *(max 250 words, can include hyperlinks to further information)*

Most dementia care in South Asian communities is provided at home by family carers, yet fewer people from ethnic minority groups engage in discussions with professionals about planning for the future and little is known about factors influencing where and how people living with dementia from South Asian communities would like to be cared for. This project aims to co-design a culturally-adapted care planning resource for South Asian people with dementia, with input from clinicians, social care, voluntary and charitable sector professionals, South Asian carers and people with dementia.

This internship offers students the opportunity to work in a thriving inter-disciplinary research department and learn about using co-production and co-design methods. The student will help plan, facilitate and evaluate 1-2 Co-design/participatory workshops (with professionals and carers). They will be involved in helping plan the content and format of workshops, coordinating communications to participants, logistical and planning tasks, note-taking during workshops and facilitating small group activities. At the end of the workshop(s), students will help with evaluating workshops, summarising workshop outputs and inputting ideas into the co-designed resource. They will also gain a broader understanding of how research findings are translated into tangible outputs, the importance of involving patients and the public in the research process and how to involve underrepresented groups in research (e.g. carers and people from minority ethnic backgrounds). They will also be invited to attend any departmental meetings and seminars of interest during their time on the internship.

Learning objectives:

- Gain an understanding of how a co-designed output is iteratively developed
- Gain experience of using co-design methods
- Engage critically with the wider research topic through reading and discussions
- Attend departmental seminars of interest
- Develop communication skills and collaborative ways of working, including with public advisory group members

Any further information: