

Name & email supervisor(s): Stella Kozmér / Dr Jane Smith
Length and dates of internship: Flexible, up to 4 weeks full-time equivalent between June and September 2024
Host department: Exeter Collaboration for Academic Primary Care, University of Exeter
How will the internship be conducted: <input type="checkbox"/> In person at the university <input type="checkbox"/> Virtual/ from home <input checked="" type="checkbox"/> Both are possible, depending on preference of student
Title internship project: Screening for eating disorders in primary care
Summary of the internship project: (max 250 words, can include hyperlinks to further information) <p>Available data from 2017 suggest around 1.25 million people suffer from eating disorders in the UK. Of these, 41% suffer from either Binge Eating Disorder (BED) or Bulimia Nervosa (BN). The number of people with EDs in the UK continues to rise. BED and BN are not regularly picked up when people attend primary care services (e.g. GP practices). According to NICE guidelines, screening tools are not recommended to be used as the sole method to determine whether or not people have an eating disorder. However, screening tools can be helpful to identify potential cases of eating disorders and to support the establishment of a diagnosis. However, it is unknown whether existing tools are suitable for BED/BN and whether they are effective.</p> <p>The successful candidate would contribute to the write up of a systematic review on diagnostic and screening tools available for identifying eating disorders in primary care. The successful candidate would work with the supervisors to update literature searches, check details of data extracted from papers about existing tools, develop approaches to tabulating and summarising the data in visually appealing ways, and assist with writing up findings for publication.</p>
Learning objectives: <ul style="list-style-type: none"> • To gain experience of conducting a systematic review • To develop data presentation and scientific writing skills • To gain understanding of screening tools and the topic of eating disorders • To explore the role of primary care in supporting people with mental health conditions
Any further information:

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