

## **Template for SPCR internship projects 2025**

**Name & email supervisor(s):**

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**Length and dates of internship:**

16 June to 11 July

**Host department:**

Faculty of Medicine & Health Sciences, University of Nottingham

**How will the internship be conducted:**

- ☐ In person at the university
- ☐ Virtual/ from home
- ☒ Both are possible, depending on preference of student

**Title internship project:**

Evaluating the Grandma's House pilot

**Summary of the internship project:** *(max 250 words, can include hyperlinks to further information)*

A diverse range of people engaging, getting involved and taking part in primary healthcare research is important to ensure that research questions, methods and outcomes are relevant and applicable to our diverse population. However, there are many people who are underrepresented and underserved in research. Effective community engagement can address this, along with making [inclusion a key condition for NIHR funding](#).

Traditionally in Afro-Caribbean society, young people visit elder members to learn practical life skills, such as sewing and cooking, parenting and to share experiences. This is known colloquially as visiting 'Grandma's House'. We will replicate this generation-to-generation support model to pilot a culturally suitable approach to engaging the public with health, stimulating dialogue and building trust. [Grandma's House](#), video, including an introduction from its originator Monica Tucker is available (<https://youtu.be/Fxhedzl84vg>)

We will work with community members in the Beechdale estate of Nottingham City which is diverse and in the most deprived decile nationally. Together, we will highlight, celebrate and apply the community's shared cultural heritage to strengthening community cohesion, creating educational opportunities, tackling taboos and building stronger relationships between community members, primary healthcare researchers and primary health and social care services.

We will launch and run Grandma's House events, tying in with national days of celebration such as National Windrush Day (22 June) as mini proof-of-concept activities. We will record these events through informal group activities, analyse the information gathered and build the outcomes into a grant application. The intern will contribute to event delivery, information gathering and analysis.

**Learning objectives:**

- Community engagement techniques and learning the importance of cultural awareness in primary care
- Qualitative information and data gathering and thematic analysis
- Contribution of Patient and Public Involvement and Engagement (PPI/E) to research

**Any further information:**

While we anticipate joint working on analysis to be feasible through face-to-face and/or online working, some in-person attendance at community venues in and around Nottingham city will be required.