

Name & email supervisor(s):

Dr Anna Price / Rebecca Coniam-Gudka

Length and dates of internship:

Start dates flexible in June-July
4 weeks

Host department:

Exeter Collaboration for Academic Primary Care, University of Exeter

How will the internship be conducted:

- In person at the university
 Virtual/ from home
 Both are possible, depending on preference of student

Title internship project:

Developing co-production outputs for dissemination and impact of Mapping ADHD services in Primary care (MAP) study

Summary of the internship project: *(max 250 words, can include hyperlinks to further information)*

The [MAP study](#) aimed to map current services and co-produce evidence-based guidance to improve primary care for young people aged 16-25 with ADHD. We have just completed a national survey and qualitative interviews of people with experience of managing ADHD in primary care (young people, their supporters, healthcare practitioners) to map services and we are currently carrying out co-production to create outputs.

The internship will involve collating data from co-production workshops to produce resources that will be used to disseminate study findings from all three MAP study streams. This will include helping to produce a downloadable resource and other short outputs for young people (16-25) with ADHD and help to map this resource into a prototype digital intervention. Additionally, the student will help to create guidance for health professionals from the MAP findings.

In addition, we have quantitative and qualitative data from the MAP studies which the student can use to identify a topic of interest and undertake an independent research project, to gain skills in an area of their choosing with the support of the supervisory team.

Finally, the internship will provide opportunities to help plan and coordinate future research efforts for improving primary care provisions for ADHD. This includes helping to conduct a systematic review of current digital health interventions for ADHD, and planning work packages relating to the development of a digital resource. The intern will be trained in each of the above processes and will gain skills in evidence synthesis and project delivery.

Learning objectives:

To build skills in:

- public and patient involvement and engagement, working with young people who are neurodiverse
- developing multi-modal dissemination materials to meet the needs of a variety of audiences
- developing digital resources for patients with a long-term condition (ADHD)
- evidence synthesis

To develop research experience in:

- co-production methodologies
- the use of digital resources to improve access to healthcare for currently underserved groups
- delivering applied mental health research in primary care settings

To build networks to facilitate future research involvement and engagement.