

Welcome to the latest edition of the NIHR School for Primary Care Research (SPCR) newsletter.

In this issue, we share updates from across the School, including a new research partnership and the release of the PACT Summary and Impact Report. You'll find a recent blog offering guidance on involving ethnically diverse communities in research, as well as a spotlight on SPCR-supported researchers. We also include the latest on public involvement activities and provide details of upcoming events, including our SPCR Masterclass series and mental health seminars.

News:

Primary care Academic CollaboraTive (PACT) Impact Report Published

PACT has published its 2019–2024 Summary & Impact Report, showcasing five years of collaborative research supported by the NIHR SPCR.



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New Research Partnership Tackles Healthcare Workforce Challenges

Building on the work of the NIHR SPCR funding, a new research programme is tackling workforce challenges in general practice through evidence-led solutions.



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Blog Posts:

A new blog and guidance from Aston University and BCHC offers advice for researchers on involving ethnically diverse communities in research.



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Researcher Spotlight:

NIHR | School for Primary Care Research

SPCR Researcher Spotlight



Dr Ben Fletcher and Dr Kelly Birtwell

Impact of continued SPCR funding and long-term connection



We are pleased to share the next edition of our SPCR Researcher Spotlight series, featuring two of our researchers, Dr Ben Fletcher from the University of Birmingham and Dr Kelly Birtwell from the University of Manchester.

This series highlights the impact of continued SPCR research capacity and development funding since its introduction in 2010.

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Explore Primary Care Research on YouTube

The NIHR School for Primary Care Research YouTube channel shares videos and updates on primary care research, training, and collaboration across member institutions. Subscribe to stay informed about our latest work and opportunities.



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Case Study:
Breaking Barriers:
Expanding MSK
Care Through
Community-Driven
Research



spcr.nihr.ac.uk/research/SPCR-Case-Studies

Breaking Barriers: Expanding MSK Care Through Community-Driven Research

Access to musculoskeletal (MSK) care is often limited for people facing deprivation. The Way into MSK project, funded by the NIHR School for Primary Care Research, is tackling this by connecting with food banks, homeless charities, and community groups to reach those most in need.

[FIND OUT MORE](#)

NIHR Three Schools' Updates:

Three Schools' Mental Health Award holder Dr Gary Lamph has been recognised with a place on the NIHR Nursing Research Leadership Programme.



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Mental Health Programme Online Seminars

How can we improve the mental health of older adults?
Wednesday, 11 June 2025,
12pm to 1pm



[REGISTER NOW](#)

Participatory modelling focusing on stakeholder engagement
Tuesday, 15 July 2025,
12pm to 1pm



[REGISTER NOW](#)

Recordings and details of previous Mental Health Seminars, from 2022 onwards, are available on our website.



[SEMINAR SERIES](#)

SPCR Masterclasses

SPCR Masterclass:
Holding
Boundaries and
Building Networks



spcr.nihr.ac.uk/career-development/SPCRmasterclasses

SPCR Masterclass | Holding Boundaries and Building Networks. Thursday, 15 May 2025, 11am to 12pm

[REGISTER NOW](#)

SPCR Masterclass:
NIHR Leadership
and Development
Programme



spcr.nihr.ac.uk/career-development/SPCRmasterclasses

SPCR Masterclass | NIHR Leadership and Development Programme. Thursday, 19 June 2025, 11am to 12pm

[REGISTER NOW](#)

Infographic: Power of Collaboration in Primary Care Research



spcr.nihr.ac.uk/research/SPCR-Case-Studies

Power of Collaboration in Primary Care Research

A new infographic developed by Research Retold highlights how collaboration drives the School for Primary Care Research and its real-world impact in primary care.

[GO TO INFOGRAPHIC](#)

Publications:

[Understanding Measurement of Postural Hypotension \(UMPH\): a nationwide survey of general practice in England.](#)

Sinead McDonagh et al writes for BGJP.



[SPCR Project: 580](#)

[Quality of life and physical activity in type 1 diabetes](#)

Emma J. Cockcroft et al writes for BMC Pediatrics.



EJC funded by a SPCR Primary care research Post-Doctoral Fellowship (CO10)

[Drivers of primary care appointment volumes before and after the COVID-19 pandemic: a longitudinal study.](#)

Tianchang Zhao et al writes for BMC Health Services Research



TZ is funded by a NIHR School for Primary Care Research PhD Studentship (C068)



PPIE in SPCR:

PPIE in Practice

Systematic review of weight loss on PCOS symptoms

Dr Jadine Scragg



In our latest episode of Public Involvement in Practice, we speak to Dr Jadine Scragg, Researcher at Nuffield Department of Primary Care Health Sciences, University of Oxford to tell us about how they involved the public in their project exploring the impact of weight loss on PCOS symptoms.

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