

Welcome to the latest edition of the NIHR School for Primary Care Research (SPCR) newsletter.

Welcome to the Summer 2025 edition of the NIHR School for Primary Care Research (SPCR) newsletter. This issue features new research highlights, blog posts, and publications covering topics such as maternal influences on preterm outcomes, innovations in blood pressure monitoring, and support for those affected by domestic abuse. We also spotlight SPCR researchers and share updates on upcoming events and networks.

News:

SPCR members awarded at SAPC ASM 2025

SPCR colleagues were well represented at the SAPC Annual Scientific Meeting held in Cardiff this July, with several members receiving awards in recognition of their work in primary care research.



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Maternal Background Plays Key Role in Adult Outcomes for Preterm and Low Birthweight Babies

New research, funded by NIHR SPCR, suggests maternal age and level of education at time of birth play a significant part in the quality of adult life for preterm and low birthweight babies.



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New Ankle Blood Pressure Tool Offers Hope for Thousands with Arm Measurement Barriers

A new SPCR study has unveiled a more accurate way to measure blood pressure at the ankle, offering a vital breakthrough for people unable to have readings taken from their arms.



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New Handbook Offers Guidance for Supporting Loved Ones Facing Domestic Abuse

A study funded by the NIHR School for Primary Care Research (SPCR) has led to the creation of a new Friends and Family Handbook, offering vital guidance for those supporting someone who may be experiencing domestic abuse.



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Blog Posts:

What's law got to do with it?: Reflecting on my time in the Q-DaPS team as an in2research student

Shania Essah Aurelio shares how the SPCR funded Q-DaPS placement broadened their understanding of qualitative health research and the value of interdisciplinary collaboration.



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Challenges of 'Imposter participants' in patient and public involvement

Imposter participants in Patient and Public Involvement (PPI)? Our latest blog post looks at the risks of tokenism, authenticity, and how we can ensure real public voices are heard in research.



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SPCR Masterclass | An introduction to open publishing and peer review with NIHR Open Research

Thursday, 25 September 2025, 11am to 12pm

This session will introduce the open publishing and peer review model used by NIHR Open Research, including advice for first-time authors and NIHR grantees.

[REGISTER NOW](#)

[Watch Previous Masterclasses on our YouTube Channel](#)



NIHR | School for Primary Care Research

SPCR Masterclass:

An introduction to open publishing and peer review with NIHR Open Research



spcr.nihr.ac.uk/career-development/SPCRmasterclasses

Researcher Spotlight:

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SPCR Researcher Spotlight



Professor Evangelos Kontopantelis and Professor Helen Atherton

Career progression from early career to senior research roles



We are pleased to share the next edition of our SPCR Researcher Spotlight series, featuring two of our researchers, Professor Evangelos Kontopantelis from the University of Manchester and Professor Helen Atherton from the University of Southampton.

This series highlights the impact of continued SPCR research capacity and development funding since its introduction in 2010.

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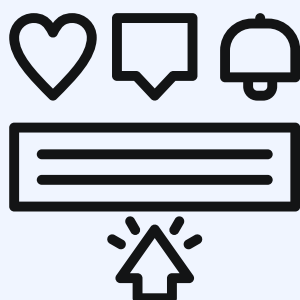
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NIHR Three Schools' Updates:

Three NIHR Research Schools' Mental Health Programme Impact Report Published

The Three NIHR Research Schools' Mental Health Programme has published its Impact Report 2021–2025, highlighting three years of collaborative research achievements.



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Mental Health Programme Online Seminars

- [Women's prisons: how can we engage lived experience to improve primary care for women with severe mental illness?](#) 24 September 2025, 12 to 1 pm
- [What should emotionally safe coproduced research with lived experience researchers on sensitive topics look like?](#) 22 October 2025, 12 to 1 pm



Reminder: NIHR Three Schools' Prevention Research Programme Funding Calls

NIHR are excited to announce that the NIHR Three Schools Prevention Programme has launched three new funding calls.

- Prevention Research Project Awards – round 2
- Prevention Follow-on Research Awards
- Prevention Career Development Awards (CDA)



[FIND OUT MORE](#)

IN Focus:



World Hepatitis Day 28 July 2025

SPCR IN Focus | World Hepatitis Day

To mark World Hepatitis Day (28 July 2025), the NIHR School for Primary Care Research (SPCR) showcased work which focused on tackling health inequalities. This included research exploring the links between blood-borne virus infections and poor air quality, as well as projects aimed at improving the detection and management of undiagnosed HIV, Hepatitis B, and Hepatitis C in primary care

[READ MORE](#)

Publications:

[Exploring patient and professional perspectives on implementing pharmacogenomic testing in the UK primary care setting and estimating the cost-effectiveness: a mixed-methods study protocol](#)

Sadaf Qureshi et al writes for British Medical Journal.



Sadaf Qureshi Wellcome doctoral fellowship for primary care clinicians WT6473650)

[Providing inclusive care and empowering people with dementia as a clinical pharmacist: a qualitative study of clinical pharmacist's experiences](#)

Nathan Davies et al writes for *ging & Mental Health*, 29



[SPCR Project: 614](#)

[‘We’re all doing different things’: Qualitative study exploring primary care practitioners’ perspectives of managing distress](#)

Hannah Bowers et al writes for *British Journal of General Practice*.

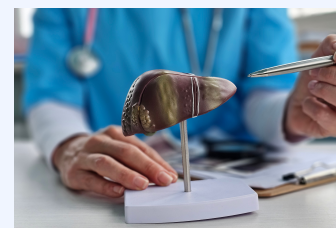
[SPCR Project: 668](#)



Publications (Continued):

[Risk factors for pancreatic cancer in electronic health records: an umbrella review of systematic reviews and meta-analyses](#)

Sarah Moore et al writes for Science Direct.



Sarah Moore Wellcome doctoral fellowship for primary care clinicians (PMHG1A4).

[A heterogeneity analysis of health-related quality of life in early adults born very preterm or very low birthweight across the sociodemographic spectrum](#)

Corneliu Bolbocean et al writes for *Social Science & Medicine*



[SPCR Project: 713](#)

[Trends in full-time working in general practice: a repeated cross-sectional study](#)

Joseph Hutchinson et al writes for the *British Journal of General Practice*.



Joseph Hutchinson holds a Primary Care Clinician Career Progression Fellowship (CO95).