

Welcome to the latest edition of the NIHR School for Primary Care Research (SPCR) newsletter.

Welcome to the October 2025 edition of the NIHR School for Primary Care Research (SPCR) Newsletter, presenting recent funded research developments, scholarly blog posts, and collaborative initiatives in primary care research and practice. This issue highlights recent research news stories, mental health programme updates, reflection from our 2025 trainees event, and recognition of SPCR researchers at national awards.

News:

GPs Need Better Training to Recognise Perimenopause-Related Mental Health Issues

SPCR-funded research led by Jo Burgin underscores the need to enhance GP training in recognising mental health issues related to perimenopause.



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Research Inspires Documentary on Domestic Abuse in Healthcare

Findings from NIHR SPCR-funded research on domestic abuse in healthcare informed ITV's Breaking the Silence: Kate's Story, highlighting survivors' voices and systemic barriers.



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SPCR Researchers Celebrate Success at the RCGP Research Paper of the Year Awards

Congratulations to colleagues connected with the NIHR School for Primary Care Research (SPCR) who were recognised at the Royal College of General Practitioners (RCGP) Research Paper of the Year 2024 awards.



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Blog Posts:

The importance of patient and public involvement and engagement in research – a PhD researcher's journey of discovery

SPCR trainee Anna Pathmanathan reflects on engaging or involving the public in research.



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Researcher Spotlight:

SPCR Researcher Spotlight

Professor Jaspal Tagger and Professor Derek Kyte

Career progression from early career to senior research roles

We are pleased to share the next edition of our SPCR Researcher Spotlight series, featuring two of our researchers, Professor Jaspal Tagger the University of Nottingham and Professor Derek Kyte from the University of Birmingham.

This series highlights the impact of continued SPCR research capacity and development funding since its introduction in 2010.

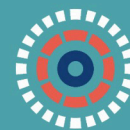
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Reflections on the 2025 SPCR Trainees Event:

As the Directorate of the NIHR School for Primary Care Research, we are delighted to reflect on another annual Trainees Event. This year's gathering, held at Chilworth Manor, Southampton on Wednesday 15 - Thursday 16 October, brought together our trainees, mentors, GP commercial research fellows and partner organisations in one place.

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2025 Trainees Event



spcr.nihr.ac.uk/news/blog

SPCR Masterclass | Communicating effectively with policy makers:

SPCR Masterclass: Communicating effectively with policy makers



spcr.nihr.ac.uk/career-development/SPCRmasterclasses

Speakers: Dr Jonathan Hammond
When: 20 November 2025, 10 - 11.30am
How: MS Teams

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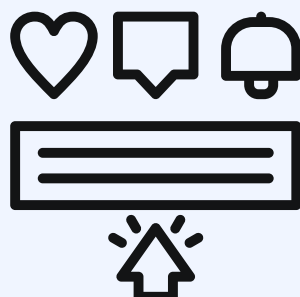
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NIHR Three Schools' Updates:

Independent Futures Co-produces Groundbreaking Trauma-Informed Research with Three NIHR Research School's Support

Independent Futures evaluate how trauma-informed approaches can better support people facing multiple disadvantages.



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Mental Health Programme Online Seminars

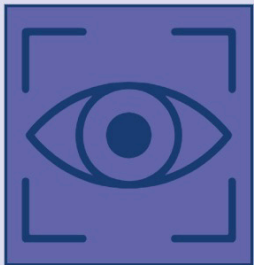
- [The Homes for Ukraine cliff-edge: Ukrainian women's experiences being hosted and navigating follow-on accommodation.](#) Tuesday 18 November 2025, 12:00 – 1:00 PM.
- [Perinatal Redesign for Accessing Mental Health Services \(PRAMS\): Co-designing accessible and equitable perinatal mental health care for underserved women.](#) 9 December 2025, 12 to 1 pm

Mental Health Programme Publications

- [Antipsychotic prescriptions in people with dementia in primary care: a cohort study investigating adherence of dose and duration to UK clinical guidelines.](#) Holly Christina Smith et al, The Lancet (MHF012)
- [Implementing trauma-informed practice across services to support people experiencing multiple disadvantage: a mixed method study.](#) Michelle Farr et al, BMC Health Services Research (MH021)
- [Moral injury prevention and intervention.](#) Victoria Williamson and Danielle Lamb et al, European Journal of Psychotraumatology (MH085)

IN Focus:

ADHD Awareness Month 2025



SPCR IN Focus | ADHD Awareness Month 2025

As we observe ADHD Awareness Month, the SPCR reaffirms its commitment to research that promotes understanding, reduces stigma, and supports individuals with ADHD to thrive within inclusive communities.

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Publications:

[Developing the PATH-GP \(Prevention and Testing for HIV in General Practice\) intervention: a Person-Based Approach intervention development study to increase HIV testing and PrEP access.](#)

Sarah Denford et al writes for *medRxiv*.



[SPCR Project: 599](#)

[Predicting hypotension, syncope, and fracture risk in patients indicated for antihypertensive treatment: the STRATIFY models](#)

Christopher E. Clark et al writes for the *Nature Communications*.



[SPCR Project: 430](#)

[Practitioners' views on the measurement and management of postural hypotension in general practice: a qualitative inquiry](#)

Rosina Cross et al writes for *British Journal of General Practice*.



[SPCR Project: 580](#)

Sinéad TJ McDonagh is also currently funded by an NIHR SPCR Postdoctoral Fellowship (reference number: C017).

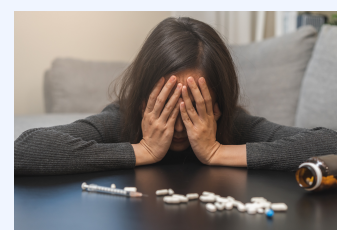
Publications (Continued):

[Value of using artificial intelligence derived clusters by health and social care need in primary care: A qualitative interview study with patients living with multiple long-term conditions, carers and health care professionals.](#) Sian Holt et al writes for *SAGE Journals*.



[SPCR Project: 667](#)

[Temporal trends in primary care-recorded psychiatric diagnoses and psychotropic medication prescribing among children and young people in the UK: a population-based study.](#) Pearl LH Mok et al writes for the *British Journal of General Practice*.



[SPCR Project: 566](#)

[The Experiences of Endometriosis Patients During Primary Healthcare Encounters: A Systematic Review of Qualitative Evidence.](#)

Sarah Harris et al writes for *Women's Reproductive Health*



Sarah Harris is currently funded by an NIHR SPCR Postdoctoral Fellowship (reference number: C105).