

Three NIHR Research Schools' Mental Health Programme Newsletter

Funding Opportunity:

The Three NIHR Research Schools' Mental Health Programme has launched a new funding call for an Impact Accelerator Award for Phases I and II award holders.

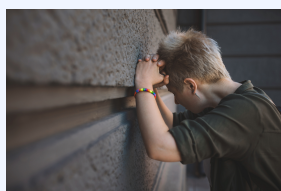
Deadline for applications: 12.30pm on Thursday 17 April 2025.

[FIND OUT MORE](#)



News and Blog Posts:

Dr Maria Michail, Three Schools' Mental Health Award holder, has been commissioned to lead a new study exploring how voluntary organisations support young people at risk of suicide.



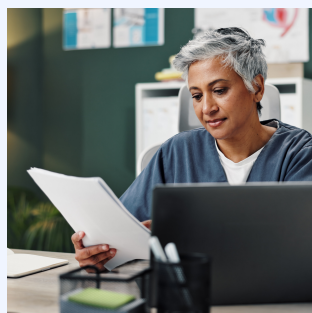
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Dr Rhiannon Barker, Mental Health Fellow, writes about the recent qualitative study she led, reflecting on the team's findings and actions schools should take to improve practices.



[READ MORE](#)

The NIHR Three Research Schools' Mental Health Programme is delighted to announce that a study led by Dr Juan Carlos Bazo Alvarez has been recognised as one of the Top 10 articles of 2024 by the British Journal of General Practice (BJGP).



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Outputs:

Ruth Naughton-Doe, a previous Three Schools' Mental Health Programme Fellowship holder is leading on a new project to identify ways to boost mental health support for young mothers and birthing parents.

[New research to tackle poor mental health in young mothers - News and events, University of York](#)

She has also had a [LGBTQ+ parents and carers zine published](#) which was funded by the ESRC Festival of Social Science.

Finally she is excited to share a new UK-based network LENS (Lived Experience Network for Scholars) that aims to provide a supportive space for academics in the UK with lived experience of mental health and/or addictions. This network has been funded by the NIHR Mental Health Research Incubator.

This is the first online network meeting and will involve:

- Introduction to the network
- Short presentations from organisers Dr Ruth Naughton-Doe (University of York) and Dr Ruth Knight (York St John)
- A session delivered by the McPin Foundation on managing decisions about disclosure
- An 'Open Space' to ask questions and decide on topics for future meetings

[Sign up here](#)

Stephanie Ejegi-Memeh, a previous Three Schools' Mental Health Programme Career Development Award holder has created a [directory of Black-led voluntary and community sector organisations](#). Stephanie has also produced a [blog post](#) partly based on her previous award.



Outputs:

Emma-Joy Holland, Amy O'Donnell and Sarah Hulse who had a Practitioner Evaluation Scheme award funded through the NIHR Three Schools' programme have produced documents to support dissemination of results from their Recovery Navigator evaluation study, which includes a policy brief and a visual lay summary.

[Recovery Navigators evaluation project - supporting heavy drinkers towards better health - ARC](#)

They worked to produce these with their core project team, with additional support from their Patient and Public Involvement group for the visual summary. Research Retold helped the team to edit and design both resources.



Webinars:

- Technology to Aid Preparation for NHS Talking Therapies, Tuesday 08 April 2025, 12pm to 1pm.
[Find out more and how to register.](#)
- Engaging marginalised young people in education, Thursday 24 April 2025, 12 – 1pm.
[Find out more and how to register.](#)

Watch All:

[Watch all previous webinars on our YouTube Channel.](#)



Publications:

[Care gaps among people presenting to the hospital following self-harm: observational study of three emergency departments in England](#) Sarah Steeg, NIHR Three Schools' Mental Health Programme Fellowship Award holder, et al writes for the British Medical Journal.

[The Impact of Different Types of Social Media Use on the Mental Health of UK Adults: Longitudinal Observational Study](#), Ruth Plackett, NIHR Three Schools' Mental Health Programme Fellowship Award holder, et al writes for the Journal of Medical Internet Research.

[Interventions that prevent or reduce perinatal loneliness and its proximal determinants: a restricted scoping review](#). Ruth Naughton-Doe, NIHR Three Schools' Mental Health Programme Fellowship Award holder, et al writes for BMC Public Health.

[A Co-produced International Qualitative Systematic Review on Lived Experiences of Trauma During Homelessness in Adulthood and Impacts on Mental Health](#), Emma Adams, NIHR Three Schools' Mental Health Programme Career Development Award holder, et al writes for Trauma, Violence, & Abuse, 0(0).

[Editorial perspective: digital technology and the future of mental health treatment](#), Anna Price, NIHR Three Schools' Mental Health Programme Research Fellowship Award holder, et al writes for BMC Digital Health.

[Experiences and impact of moral injury in prisons](#). Victoria Williamson, Danielle Lamb, Three Schools' Mental Health Programme award holders, et al writes for European Journal of Psychotraumatology.

[The role of Black-led community organisations in supporting Black mental health: a Black emancipatory action research project](#), Stephanie Ejegi-Memeh, a previous Three NIHR Research Schools' Mental Health Career Development Award holder, et al writes for Ethnicity and Health.

[Diabetes complications in people with alcohol use disorder and type 2 diabetes](#)

Sarah Cook, NIHR Three Schools' Mental Health Fellowship, et al writes for British Journal of General Practice.