

# Three NIHR Research Schools' Mental Health Programme Newsletter

## News and Blog Posts:

### New Recovery Navigator Resources

Key resources supporting the dissemination of findings from the Recovery Navigator evaluation study have been released. These include a policy brief and a visual lay summary, designed to communicate the study's insights effectively to diverse audiences. The study was led by Amy O'Donnell and Sarah Hulse and aims to support heavy drinkers in improving their health outcomes.

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### Supporting Young Parents: Building on a Mental Health Fellowship

Dr Ruth Naughton-Doe, former Mental Health Fellowship holder, is launching a new study to improve mental health support for young parents under 25.



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### Congratulations Dr Gary Lamph

Three Schools' Mental Health Award holder Dr Gary Lamph has been recognised with a place on the NIHR Nursing Research Leadership Programme.



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### Mental Elf Video Series

The Mental Elf launched a new video series for Mental Health Awareness Week in May, spotlighting key priorities in mental health research.



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### Three NIHR Research Schools' Mental Health Programme Host Grant Writing Workshop to Support Researchers

The NIHR Three Schools' recently funded a grant writing workshop led by Professor Sue Ziebland, supporting early to mid-career researchers in developing stronger funding applications.



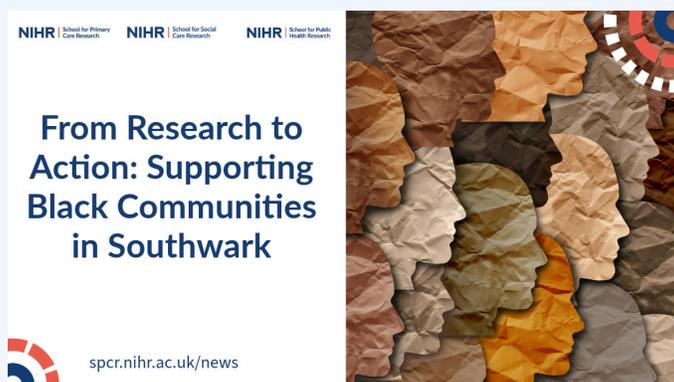
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### Reflections on FARM-SP and COPING feasibility studies

In this blog post, Tamsin Fisher and Faraz Mughal reflect on FARM-SP and COPING feasibility studies whilst attending the The Society for Academic Primary Care (SAPC) Mental Health Special Interest Group Conference.



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Stephanie Ejegi-Memeh, a previous Three Schools' Mental Health Programme Career Development Award holder has created [a directory](#) of Black-led voluntary and community sector organisations. Stephanie has also produced [a blog post](#) partly based on her previous award.

## NIHR Three Schools Prevention Programme funding opportunities

- Research project awards
- Follow-on research awards
- Career development awards



The NIHR Three Schools' Prevention Research Programme has launched three new funding calls to support innovative research focused on the prevention of poor health and the promotion of wellbeing. These calls aim to strengthen the evidence base across public health, primary care, and social care through collaborative projects involving the NIHR Schools for Public Health Research, Primary Care Research, and Social Care Research. [FIND OUT MORE](#)



- [Participatory modelling focusing on stakeholder engagement](#), Tuesday, 15 July 2025, 12 to 1pm
- [Women's prisons: how can we engage lived experience to improve primary care for women with severe mental illness?](#) 24 September 2025 - 12 to 1pm

### Watch All:

[Watch all previous webinars on our YouTube Channel.](#)



### Publications:

[The Views of Adult Weight Management Dietitians on Service Provision for People With Obesity and Severe Mental Illness and/or Learning Disability: A Qualitative Study](#) Anita Attala, NIHR Three Schools' Mental Health Programme Masters Fellow, et al writes for the Nutrition Bulletin

[Long acting injectable buprenorphine: Perspectives from service-users, staff and stakeholders.](#) Céu Mateus, Practitioner Evaluation Scheme Award Holder, et al writes for Drug and Alcohol Dependence Reports, Volume 15.

### Meet our Award Holders:



[Phase 1](#)

[Phase 2](#)