



meeting
global
challenges

primary
care:

PROGRAMME

43rd Annual Conference - Edinburgh
Society for Academic Primary Care

9th - 11th July 2014

University of Edinburgh

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Information: www.sapc.ac.uk

Try out the SAPC APP from the app store

SAPC

Welcome

We are delighted to be hosting the 43rd annual conference of the Society for Academic Primary Care at the University of Edinburgh in July 2014. Edinburgh is Scotland's capital but also a truly international city with a rich academic and medical heritage.

Things to do before you arrive:

Download the SAPC APP

Pre-book Workshops, Special Interest Groups and Social Events and Activities

www.surveymonkey.com/s/YS7KM66

Download your AGM papers

Presenters submit your presentations by 30th June to office@sapc.ac.uk

Sign up for Twitter and follow [@sapcacuk](https://twitter.com/sapcacuk) [#sapcasm](https://twitter.com/sapcasm)

Book a restaurant for your group after the drinks reception on Wednesday (some restaurant suggestions from your hosts can be found at back of this brochure)



The theme for our 2014 meeting is 'Meeting Global Challenges' and the conference will be an opportunity to explore the many diverse challenges facing primary care practitioners, researchers and educators in the UK and around the world. To lead us in this task, we have three internationally renowned keynote speakers, backed up by an academic programme designed to stimulate discussion and lively debate. New to the SAPC conference this year:

- ◆ As part of the conference we are honoured to host the inaugural Helen Lester Memorial Lecture on Wednesday evening
- ◆ SAPC APP - available from the app store now - enjoy
- ◆ Elevator pitches are a new concept for the SAPC annual conference and we hope they will provide a dynamic way for new ideas and work in progress to be discussed
- ◆ Also new this year we will welcome Special Interest Group meetings into the body of the programme on Thursday afternoon

We have a broad range of interesting submissions to the programme including workshops, oral presentations, 'elevator pitches' and dangerous ideas. Our social events will provide a great way to network with colleagues and make new acquaintances. On Wednesday evening there is the drinks reception at Old College and on Thursday,

the conference dinner in the stunning Dynamic Earth. We have also arranged a selection of optional activities on Thursday and golf on Friday. All of these can be pre-booked via www.surveymonkey.com/s/YS7KM66

A list of our restaurant suggestions for dining out after the drinks reception on Wednesday can be found at the end of this brochure.

All in all, we hope you spend a stimulating few days with your friends and colleagues in one of the world's most beautiful cities. We look forward to welcoming you in Edinburgh.

Karen Fairhurst & David Weller

SAPC Conference Chairs, University of Edinburgh



Dr Karen Fairhurst



Professor David Weller

Conference committee - University of Edinburgh

Dr Christine Campbell - programme co-chair
Dr Karen Fairhurst - conference co-chair
Professor Brian McKinstry - programme co-chair
Professor Scott Murray - dangerous ideas
Professor David Weller - conference co-chair

Conference organisers

Sue Stewart and Sharon Pidgeon, SAPC
www.sapc.ac.uk Tel: 01865 331839

Keynote speakers

Wednesday 9th July



12.45 - 14.00 Opening Session, George Square Theatre

Achieving Universal Health Coverage - the role of primary care research
Professor Sir Andy Haines, London School of Hygiene and Tropical Medicine

Professor Sir Andy Haines is Professor of Public Health and Primary Care at the London School of Hygiene and Tropical Medicine.

He was Director of the London School of Hygiene & Tropical Medicine from 2001-October 2010. In that role he was responsible for the management of over 1000 staff and 3700 postgraduate students. He was previously Professor of Primary Health Care and Head of the Department of Primary Care and Population Sciences at University College London, and worked part-time as a general practitioner in North London for many years. Before that he was a consultant in epidemiology at the Medical Research Council Epidemiology and Medical Care Unit. He was also formerly Director of Research & Development at the National Health Service Executive, North Thames and a member of the Council of the Medical Research Council. He has worked internationally, including in Nepal and the USA. He chaired a Task Force on Health Systems Research for WHO which reported in 2005 and the Scientific Advisory Panel for the 2013 WHO report - 'Research for Universal Health Coverage'. He sits on many national and international committees. He was a member of the UN Intergovernmental Panel on Climate Change for the 2nd and 3rd assessment exercises and is review editor for the health chapter in the 5th assessment. He has published many papers in high impact journals on topics such as primary care, health systems research and the relationship between environmental change and health.



17.45 - 18.30 The Inaugural Helen Lester Memorial Lecture, George Square Theatre

Motherhood and Mental Illness - thirty years of families in South London

Professor Debbie Sharp, University of Bristol

Professor Helen Lester was an inspirational GP and academic who made a difference to the lives of many people. Helen challenged us all to think more creatively about many things - but especially about mental health. In this first of a new series of annual public lectures, Professor Debbie Sharp will pick up the baton Helen has left for us and consider how important it is for primary care to identify mental illness in women of childbearing age.

Professor Debbie Sharp is Professor of Primary Health Care in the Centre for Academic Primary Care at the University of Bristol. She was previously Lecturer and then Senior Lecturer at the United Medical and Dental Schools of Guy's and St Thomas' in the Department of General Practice, and Honorary Senior Lecturer at the Institute of Psychiatry. In 1985 she obtained one of the first Mental Health Foundation GP Research Training Fellowships through which she completed a PhD on emotional disorders associated with childbirth in a cohort of women in South London, supervised by Professors Michael Shepherd and David Morrell. It was during her PhD that she met the late Channi Kumar who encouraged her to follow up the cohort of women from her PhD. Thus the South London Child Development Study was born

She took up the foundation chair in Primary Health Care in Bristol in 1994, the first woman to be appointed to a substantive chair in medicine in Bristol and built up a world-class department over the next sixteen years. Her major research interest is in primary care mental health and she has been involved in numerous studies in this area over the last three decades. She has continued her interest in childbirth related emotional disorders and has recently completed a trial comparing antidepressants and health visitor listening visits for women with postnatal depression. Other research interests include early diagnosis of cancer, childhood obesity and complementary and alternative medicine. Since standing down as head of department she has become head of the School of Clinical Academic Training at HESW Severn.

Thursday 10th July



09.00 - 09.45 George Square Theatre

Resisting 'Leadership'

Professor Ruth McDonald, Warwick Business School

Ruth McDonald is Professor of Governance and Public Management at Warwick Business School. She is a political science graduate and a former UK National Health Service hospital finance director. In 2007/8 she spent a year at UC Berkeley as a Harkness Fellow in Health Care Policy and Practice, comparing pay for performance programmes in the UK and California. Ruth is a member of the executive committee of the European Sociological Association and co-chair of its Sociology of Professions Research Committee. She has also held posts at the Universities of Nottingham, Manchester, Liverpool and Leeds. Much of her research concerns simple 'solutions' to complex problems. In recent years much of this has concerned financial incentives for quality in the UK and beyond and she has published widely on the subject. She has also recently published an analysis of the doctors appearing on Radio 4's Desert Island Discs. None of these are GPs! She has provided advice to a range of bodies including the Department of Health and The Health Foundation in the UK, the Indian Ministry of Health and Family Welfare and the Research Council of Norway.

Friday 11th July 2014



09.00 - 09.45 George Square Theatre

The doctor drug. New research results and new challenges for research and clinical work in general practice

Professor Frede Olesen, Aarhus University, Denmark

Frede Olesen graduated as a MD in 1973 and gained his GP certification in 1976 and his Doctor of Medical Science in 1991. Between 1992 and 2011 he was administrative and scientific director of the Research Unit for General Practice at Aarhus University. Since 1996 he has been professor at Aarhus University.

He has participated in many CME-courses and courses in research methodology and several short-term visits to universities and general practices in Europe, Canada and the US. In 1999 he was visiting professor at the Chinese University of Hong Kong.

He has had more than 250 scientific publications in national and international medical journals and many scientific presentations, reviews and chapters in CME-journals, books and national medical journals. He has been a referee on national and international journals, an assessor for several PhD and doctoral theses and member of appointments committees for professorship positions.

His former and present memberships include: The Danish College of General Practitioners (1988-92 chairman); several Danish committees for health care planning and research including the Danish Medical Research Council; the UEMO-delegation for European unions of GPs, the European Working Party on Quality in Family Practice (EQUIP). 1995 - 1998 founding president of The European Society of General Practice/Family Medicine and vice president of the World Organization (WONCA). Since 2006 chairman of the Danish Cancer Society.

He has received several research awards including the most prestigious award of the Danish Medical Association. Frede is Honorary Fellow of the Royal College of General Practitioners and honorary life member of the World Organisation of General Practitioners/Family Physicians.

Programme

Full conference programme: <https://sapc.conference-services.net/programme.asp?conferenceID=3723&language=en-uk>

Sessions and Activities to pre-book

We would be grateful if you could pre-book places for the Special Interest Groups (SIGs), Workshops and optional activities at: <https://www.surveymonkey.com/s/YS7KM66>

Special Interest Groups and Meetings

Thursday 10th July, 08.00 to 08.55

Breakfast meeting: Primary Health Care Scientists (PHoCuS) Group

Room: 2.14, 2nd floor

This group is primarily for those who are non-medical. The meeting this year will include an update on the successful mentoring scheme for non-medical members of SAPC, thinking about issues for early career researchers and input from participants to three developments we want to progress in the coming year: Social Media, telephone conferences and regional meetings. We are also trying to create more opportunities for PHoCuS members to meet each other at other times during the conference, for example over coffee on Thursday morning and at the conference dinner. Come to the meeting to hear more!

Thursday 10th July, 16.00 to 17.30

Clinical Excellence Awards Meeting/Workshop

Convenors: Tony Avery, Nottingham, John Campbell, Exeter and Graham Watt, Glasgow

Room: LT1, ground floor

In 2004, after many years of negotiation, senior academic GPs in England, Wales and Scotland became eligible to apply for clinical excellence awards. Since this time, senior academic GPs have done relatively well in the national clinical excellence award scheme in England and Wales, reflecting the tremendous work that colleagues have done (over and above expectations) in terms of the development and delivery of high quality clinical services, and research in educational activities that are of direct benefit to the NHS. Access to local (employer based) awards has been more patchy and since the NHS changes, introduced in April 2013, there are now only one or two places in the country where senior academic GPs are able to apply for these awards. Added to this, the whole clinical excellence award scheme is likely to change in coming years as a result of recommendations from the Doctors and Dentist Review Body, and on-going discussions between the Department of Health (in England), equivalent organisations in the devolved nations, and the British Medical Association.



The SAPC Heads of Departments group have been working with a wide range of organisations over recent years to try to ensure continuing access to local and national clinical excellence awards for senior academic GPs, and favourable arrangements in any new system.

In this CEA workshop Tony Avery, John Campbell and Graham Watt will bring colleagues up to date with the latest developments regarding clinical excellence awards. Depending on the interests of colleagues attending the workshop will cover the following topics:

- ◆ The current clinical excellence award scheme an eligibility for, and advice on, applying for national awards in England and Wales
- ◆ The current situation regarding applying for local (employer based) clinical excellence award in England
- ◆ The current situation regarding 'Distinction Awards' in Scotland
- ◆ Our negotiations around supporting senior academic GPs who currently hold local clinical excellence awards in England
- ◆ Our negotiations around setting up a new 'local' clinical excellence award scheme for senior academic GPs in England
- ◆ Our latest thoughts on what the new clinical excellence award scheme might look like in the UK, including eligibility for senior academic GPs
- ◆ Planning for the future: in particular, we need 'early' career academic GPs to help shape our negotiating positions, and to contribute to helping to ensure that any new clinical academic award scheme is favourable for senior academic GPs

This meeting/workshop is particularly aimed at clinical academic GPs.

Education Research

Convenor - Sophie Park, University College London

Room: G.05, ground floor

We would be delighted if you are able to join us for this year's SAPC Education Research SIG. This meeting is open to all delegates who have an interest in primary care medical education research - including experiential-user and/or methodological expertise. There are a number of exciting education research projects in primary care, either in progress or near completion this year. We will use the SIG to

- a) strengthen collaborative links between colleagues interested in primary care education research
- b) share examples of on-going

- c) discuss successful / completed research projects from 2013-14 and ways in which their findings might be developed further and
- d) consider ways to maximise the website utility for SIG members throughout the year.

Learning Disabilities

Convenor: Umesh Chauhan, Manchester

Room: 2.05, 2nd floor

This month (July 2014) the Department of Health, NHS England and Public Health England will be publishing an update on the Action Plan to take forward the recommendations of the Confidential Inquiry into premature deaths of people with learning (intellectual) disabilities. This workshop aims to share and discuss the findings of the Confidential Inquiry, particularly those of relevance to Primary Care, and address a key issue identified by the Inquiry - the lack of any internationally comparable mortality data about people with learning disabilities.

The workshop will be a mix of the presentation of key information, followed by small and large group discussions. Group discussions will focus on developing academic and/or practical strategies to tackle the situation in which we, like many other countries internationally, are not able to identify from national data the age and cause of death of people with learning disabilities.



Palliative Care - Calling new palliative care researchers

Convenor: Scott Murray, Edinburgh

Room: 2.12, 2nd floor

This is an opportunity to learn about exciting opportunities to take forward palliative care research internationally.

We will also present the “toolkit” we have recently published to help the development of palliative care in the community internationally. It is being translated into various European countries to promote palliative care there. Opportunities to promote in country developments and collaborative research will be identified. So welcome to novices and those more experienced in researching the problems that people have towards the end of life. See this link for the toolkit http://www.eapcnet.eu/Portals/0/Organization/Primary%20care/ToolkitPrimaryCare_2014.pdf

Personal Care

Convenors: Joanne Reeve, Liverpool and Chris Salisbury, Bristol

Room: M3, 1st floor

The Personal Care SIG meets to discuss topics related to patient-clinician relationships, communication and values. With more time and less formality than the regular parallel sessions, our sessions aim to stimulate new ideas and deeper thought in areas which are complex and often hard to fund.

This year we have 2 projects to spark our thinking on what patient-centred care looks like. Chris Salisbury will outline the proposed research from Bristol, Oxford, Edinburgh and Exeter on email consultations. Maxine Jones will introduce the relationship-based Nuka System of Care and discuss implications for primary care continuity and inter-professional boundaries.

Primary care in resource poor countries

Convenor: Brian Nicholson

Room: LT3, ground floor

This SIG aims to support those involved in primary care in low-income countries. We welcome everyone with an interest to participate but invite those who would like to make a brief presentation of their work (research, teaching or other initiatives) at the meeting to contact Brian Nicholson brian.nicholson@phc.ox.ac.uk.



Social programme



Wednesday 9th July 2014

Conference drinks reception
18.45 to 20.00

Playfair Library, Old College,
University of Edinburgh

Drinks and light bites will be served at Old College.

Piper: Iain Murray

Thursday 10th July 2014

Optional activities:

Meeting point and time	Activity time	Activity
17.30 Appleton Tower foyer	17.45-18.45	Walking with Scientists - a Rebus Tour
17.30 Appleton Tower foyer	17.45-18.45	Rounders on the Meadows
18.10 Scottish Parliament by Dynamic Earth (see map on inside back cover)	18.15-19.15	A guided tour of the Scottish Parliament Building

Conference dinner

19.30 for 20.00 until midnight
19.30 to 20.00 Pre-dinner drinks and time to visit the Rainforest, 4Dventure and the Polar Regions galleries downstairs at Dynamic Earth
20.00 Dinner in the stratosphere followed by ceilidh in the Ozone, a sound proofed area with wonderful views up to Arthur's Seat.

Tickets available from
office@sapc.ac.uk
£55 per person.

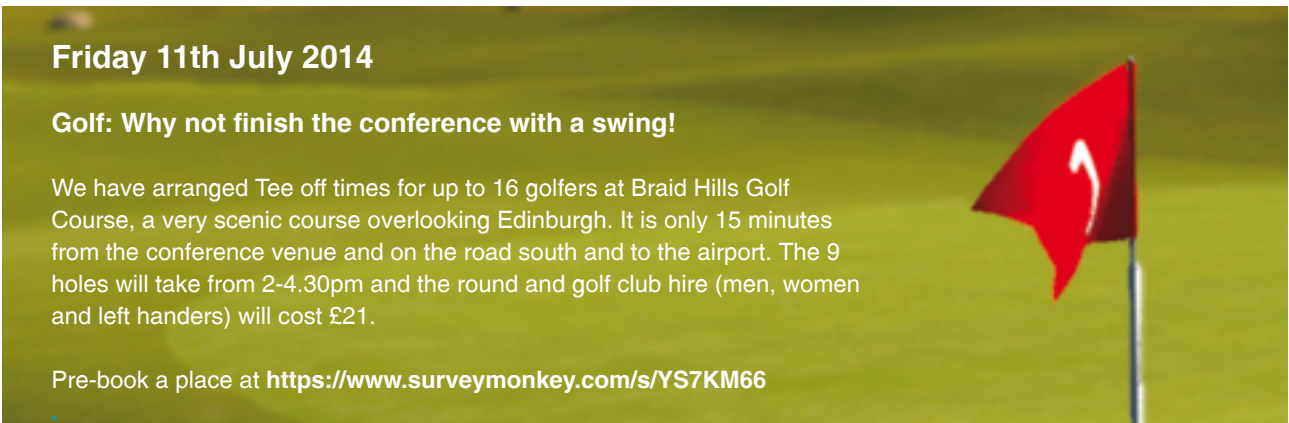


Friday 11th July 2014

Golf: Why not finish the conference with a swing!

We have arranged Tee off times for up to 16 golfers at Braid Hills Golf Course, a very scenic course overlooking Edinburgh. It is only 15 minutes from the conference venue and on the road south and to the airport. The 9 holes will take from 2-4.30pm and the round and golf club hire (men, women and left handers) will cost £21.

Pre-book a place at <https://www.surveymonkey.com/s/YS7KM66>



Practical information

Venue: registration, lunch, coffee breaks and parallel sessions will take place at Appleton Tower, Crichton Street, Edinburgh EH8 9LE. Plenary sessions will take place at the George Square Theatre 150m from Appleton Tower.

Registration open times:

Wednesday 9th July from 10.30 until 18.00
Thursday 10th July 08.00 to 17.30
Friday 11th July 08.30 to 14.00

The opening session and first plenary begins at 12.45 (George Square Theatre) on Wednesday 9th July, lunch will be served from 12.00 that day (Appleton Tower).

The closing session with prize giving and the SAPC conference 2015 presentation will take place on Friday 11th July from 12.35 to 13.00 in Appleton Tower. A packed lunch will be available at the close of the meeting.

Registration documents

At registration you will be given a programme book which will contain the programme, abstracts of the oral presentations. Abstracts for the elevator pitch presentations will be available on the SAPC APP.

A delegate folder will be provided. You may wish to bring a notepad with you. There will be a few pages of notes at the back of the programme book.

APPS

This is new to the SAPC annual conference this year and we hope you will enjoy using it. Download the SAPC APP from the APP store on to Apple and android devices. The APP includes the full programme and will also include all the abstracts (including the Elevator Pitches) by the time of the conference. A list of delegates can be found in the chat area, you can also access the evaluation form, your own attendance certificate and tweet from the APP.

Edinburgh Rewards Card and App

Working in co-operation with the Edinburgh Convention Bureau, we are delighted to offer you a rewards card which can be used in the various bars, restaurants, shops, and with the city's tour operators. In addition to the Rewards Card and map, there is a free app that can be downloaded via www.yogobogo.com - select Scotland, then Edinburgh, then Edinburgh Rewards.

WiFi

WiFi is available at the University. Please request a password from the registration desk.

If you already have access to Eduroam you should be able to use this at the University.

Post conference publication of abstracts
There are currently no plans to publish the abstracts as a supplement to a journal.

Session chairs and presenters

Session chairs and presenters are asked to go to the room where their session will be held at least 10 minutes before the start in order for chairs and presenters to meet and become familiar with the audio-visual equipment. Presenters please check your presentations at least one hour before the start of your session because all the presentations for your session will be delivered to the meeting room 30 minutes before the start so it will not be possible to make any changes after that.

Emailing your presentation in advance - before Monday 30th June

Presenters - please email your presentations, especially those to be presented on Wednesday to: office@sapc.ac.uk Please name your file: your programme number - your surname eg A1.1 - Smith. Please also bring a copy with you to the conference. Presentations may be altered in speaker preview room M2 in Appleton Tower. Please do not email your presentation after 30th June please just bring it with you on memory stick.

Length of presentations

Oral parallel presentations will last for 10 minutes plus 5 minutes Q&A.

Elevator pitch presentations will last for 3 minutes plus 2 minutes Q&A, presenters are asked to set up their presentation during the Q&A of the previous speaker. Presenters please observe the length of the presentations and keep within the time allocated. Poor time keeping is the most frequent reason for complaint in the post-conference evaluation.

Press attendance - notice to chairs, presenters and authors

There may be journalists attending the conference. Journalists will be asked by the session chairs to identify themselves to presenters and presenters should notify the journalist if they do not wish their work to be reported.

Evaluation and attendance certificates
Following the conference an email will be sent to you with a direct link to an online conference evaluation. All your comments are greatly valued and feedback plays an important part of conference planning for future years.

You may also access the evaluation and download your own attendance certificate from the SAPC APP (available via the APP store).



Travelling to the conference

Registration will take place in Appleton Tower, Crichton Street, Edinburgh EH8 9LE

Here is a link to the University of Edinburgh website, the conference is taking place in the central area <http://www.ed.ac.uk/schools-departments/transport/travelling-here/central-area/overview>

Here is a link to the google map of the buildings for the conference: https://mapsengine.google.com/map/edit?mid=zEDnqCdsFPdg.kr_evJZ_FqGc

We look forward to welcoming you to the conference!



Bistros and Brasseries

Hotel du Vin Bistro
11 Bristo Place
EH1 1EZ,
0131 247 4900

The Outsider
15/16 George IV Bridge
EH1 1EE
0131 226 3131

North Bridge Brasserie
20 North Bridge
EH1 1YT
0131 622 2900
northbridgebrasserie.com

Spoon
6a Nicholson Street
EH8 9DH
0131 623 1752
spoonedinburgh.co.uk

Blonde
75 St Leonard's Street
EH8 9QR
0131 668 2917
blonderestaurant.co.uk

Apiary
33 Newington Road
EH9 1QR
0131 668 4999
apiaryrestaurant.co.uk

(slightly) further afield

First Coast
97-101 Dalry Road
EH11 2AB
0131 313 4404
first-coast.co.uk

Atelier
159-161 Morrison Street
EH3 8AG
0131 629 1344
theatelierrestaurant.co.uk

The Three Birds
3-5 Viewforth
EH10 4JD
0131 229 3252
threebirds.co.uk

Scottish

The Grain Store
30 Victoria Street
EH1 2JW
0131 225 7635
grainstore-restaurant.co.uk

Howies
10-14 Victoria Street
EH1 2HG
0131 225 1721
howies.uk.com

Howies at Waterloo Place
29 Waterloo Place
EH1 3BQ
0131 556 5766
howies.com.uk

Michael Naeve Kitchen and Whisky Bar
21 Old Fishmarket Close
EH1 1RW
0131 226 4747
michaelneave.com

Italian

Cucina, Hotel Missoni
1 George IV Bridge
EH1 1AD
0131 240 1666
hotelmissoni.com

Vittoria
19 George IV Bridge
EH1 1EN
0131 225 1740
vittoriarestaurant.com

Indian

Namaste Kathmandu
17-19 Forrest Road
EH1 2QH
0131 220 2273

Mother India's Cafe
3-5 Infirmary Street
EH1 1LT
0131 524 9801

Kismot
29 St Leonard's Street
EH8 9QN
0131 667 0123
kismot.co.uk

Suruchi
14a Nicolson Street
EH8 9DH
0131 556 6583
suruchirestaurant.co.uk

Tanjor
6-8 Clerk Street
EH8 9HX
0131 478 6518
tanjore.co.uk

Mexican

Mariachi
7 Victoria Street
EH1 2H
0131 623 0077
mariachi-restaurant.co.uk

Fish

Ondine
2 George IV Bridge
EH1 1AD
0131 226 1888

Restaurants

The Mussel and Steak Bar
110 West Bow
Grassmarket
EH1 2HH
0131 225 5028

Vegetarian

David Bann
56-58 St Mary's Street
EH1 1SX
0131 556 5888
davidbann.com

Other

Hanam's
3 Johnston Terrace
EH1 2PW
0131 225 1329
hanams.com

Laila's Bistro
63 Cockburn Street
EH1 1BS
0131 226 509
lailas-bistro.co.uk

Indaba (Tapas)
3 Lochrin Terrace
EH3 9QJ
0131 221 1554,
edindaba.co.uk

Fine dining

(expensive and definitely need to book in advance)

Castle Terrace Restaurant
33-35 Castle Terrace
EH1 2EL
0131 229 1222
castleterracerestaurant.com

Number One
The Balmoral Hotel
1 Princes Street
EH2 2EQ
0131 557 6727
roccofortehotels.com/hotels-and-resorts/the-balmoral-hotel/restaurants-and-bars/number-one/

Further afield

The Kitchin
78 Commercial Quay
Leith
EH6 6LX
0131 555 1755
thekitchin.com