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| Host department: QMUL |
| Project Title: |
| How can we improve inclusion in primary care research for ethnically minoritized people through training and capacity building for academic and community researchers? |
| Proposed supervisory team:  Dr Megan Clinch (QMUL) A Social Anthropologist with and interest in Participatory Action Research Methodologies and theories of co-production for Primary Care and Public Health research  Dr Ratna Sohanpal (QMUL) Health Services Researcher with expertise in use of qualitative methods involved in the development and evaluation of complex interventions, using qualitative methods to improve diverse stakeholder participation in research and evidence-based health services offered in routine care  Professor Stephanie Taylor (QMUL) Professor of Public Health and Primary Care with expertise in complex interventions using applied health services research directed at improving the lives of people living with long term conditions, particularly those living with multiple long-term conditions. |
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| Potential for cross consortium networking and educational opportunities: |
| There are excellent opportunities for collaboration and learning:   * Leading institution and departments (QMUL, WIPH) conducting world leading research including primary care research * NIHR School for Primary Care Research (national links) * Outstanding educational opportunities (QMUL, WIPH) |
| Project description:  Background to potential PhD project:  We know from evidence that increased ill health and health inequalities exist among people from ethnically minoritised communities. One of the many, and preventable, drivers of these inequalities is the poor representation and inclusion of ethnically minortised people in health research. Such exclusion results researchers being unable to understand and assess whether treatments or methods of managing symptoms of disease are acceptable and applicable to everyone, and how they are patterned by the lived experience of health and social inequalities.  Recent work on how minoritised communities could be better included in research demonstrated the importance of training for researchers regarding their understanding of how certain groups are excluded from research and how such exclusion could be tackled. In addition, it was also noted that the community facilitators and researchers might also ensure the production of more inclusive and equitable primary care research. These findings are consistent with the policy and practice changes recently implemented by funders such as the NIHR.  In short, building the capacity and knowledge of academic and community researchers, has the potential to build long-standing and sustainable relationships with communities of interest for better health research and health and develop a stronger research infrastructure to carry out more inclusive research.  Proposed PhD project:  Aim: To understand and theorise the drivers of poor inclusion and representation of ethnically minortised groups in primary care research and to develop research capacity, infrastructure and knowledge to address it.  Methods may include a systematic review on inclusive research practice and community based research drawing in literature from the global south, qualitative research with researchers and ethnically minoritised groups with experience of participating in research, participatory action research to develop a set of interventions aimed at academic and community researchers to achieve more representative and inclusive research.  The PhD candidate could focus on their disease area or underserved population of interest. |

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| Training and development provision by host: |
| Formal training:  Training highlighted in the Vitae Researcher development framework  Training specific to the project needs e.g. qualitative methods training  Media training  Impact training |
| Informal training:  Could this be attendance in WIPH seminars, webinars e.g. Curiosity workshop, Research seminars, signposting of training opportunities, personal development funding opportunities  Joining the WIPH researchers network  Writing retreats https://www.webarchive.org.uk/wayback/archive/20200602101753/http://www.thinkingwriting.qmul.ac.uk/ideas/retreats  Lifelong Health MDT https://www.qmul.ac.uk/fmd/research/mdt/lifelong-health/ |
| PPIE:  WIPH PPIE resources including relationships with local health related community organisations who support WIPH primary care research  QMUL public engagement training - <https://www.qmul.ac.uk/publicengagement/support/training/>  NIHR have a lot of PPI training available for researchers., for example https://cambridgebrc.nihr.ac.uk/research-faculty/for-our-researchers/online-ppi-events-training/ |