# SPCR internship projects 2023 -UCL

|  |
| --- |
| **Name & email supervisor(s):**  Ruth Plackett |
| **Length of internship and when it could take place:**  4 weeks full-time or happy to take someone part-time over more weeks if possible/preferable.  It could take place from July 2023 to October 2023 |
| **Host department:**  Research Department of Primary Care and Population Health, University College London |
| **How will the internship be conducted:**  In person at the university  Virtual/ from home  Both are possible, depending on preference of student |
| **Title internship project:**  **Exploring how to address the harms of social media use on young adult mental health in primary care.** |
| **Summary of the internship project:** *(max 250 words, can include hyperlinks to further information)*  This project aims to understand how concerns over social media use and its impact on mental health are discussed by young adults (16-25-year-olds) with primary care professionals, and what guidance and support is given to young adults. In-depth qualitative interviews will be conducted with 20 primary care clinicians and 20 young adults. There may be opportunity for the intern to undertake some interviews if starting earlier in the year. The project will mostly involve analysing the qualitative data produced from these interviews using thematic analysis. This will help us to understand from young peoples’ perspectives what support is needed and from primary care professionals’ perspective what support can be given, and what extra training/support is needed for them. Training and support will be provided to the intern on how to conduct interviews and thematic analysis. |
| **Learning objectives:**   1. To explore how primary care professionals can support young adults with common mental health problems to manage potentially negative impacts of social media use. 2. To learn how to analyse qualitative interview data using thematic analysis. |
| **Any further information:** |
| **How to apply:**  Please fill in the application form below and send it with your CV and covering letter [to bijal.parmar@ucl.ac.uk](mailto:to bijal.parmar@ucl.ac.uk)  If you have any queries, please contact Dr Cini Bhanu [c.bhanu@ucl.ac.uk](mailto:c.bhanu@ucl.ac.uk)    **Deadline for submissions:** 7 May 2023 at midday. Successful candidates will be notified by 19 May 2023. |

**Internship application form**

|  |  |
| --- | --- |
| Please include information about what you would like to get out of the internship e.g. knowledge about a particular topic; experience of a particular sort of research method; particular experiences within an academic department of Primary Care etc. | |
| **Full name** | Click here to enter text. |
| **Email address** | Click here to enter text. |
| **1st choice project:**  **2nd choice project:** | |
| **Please answer the following questions (max 150 words for each section).** | |
| 1. **Why are you applying for this internship?**   Click here to enter text. | |
| 1. **How will this internship support your future career or professional development plans?**   Click here to enter text. | |
| 1. **What contribution do you think you can make during the internship?**   Click here to enter text. | |

Applications in previous years have been highly competitive. Previous UCL interns have been very productive and successful with paper and conference publications, as well as submission of further grant applications. Most are very happy to be informally contacted if you would like to discuss their experience.

**Selection is based on criteria including evidence of:**

* Commitment to the primary care scholarship
* Critical thinking and reflexivity about how this award will support future professional growth
* Creativity and commitment to making an active contribution during the internship to the primary care knowledge field.