MENTORSHIP FOR PRIMARY HEALTH CARE SCIENTISTS

INFORMATION FOR MENTEES

Background and purpose of the mentorship scheme

The Mentorship scheme has been established by PHoCuS and the SAPC Executive to develop an increased number of primary health care scientists capable of operating at a world-class level and able to become the academic leaders of the future. Mentees recruited to the scheme will be members of SAPC, and primary care scientists from any background discipline other than medicine. They will be linked with a senior academic leader, with a range of experience nationally and internationally, who will support them to enhance their career aspirations, professional development, research productivity and leadership.

Aims of the scheme

The overall aims of the scheme are to:

- help mentees to move beyond being a serial researcher to a more senior post taking forward their own research ideas
- help mentees to identify possible career pathways
- support mentees in identifying barriers to their career progression and identifying ways mentees might overcome those barriers

Responsibilities of Mentee

The mentee will be expected to engage with their appointed mentor and maintain approximately four contacts, normally of one – two hours duration, over a calendar year (which may be face to face, telephone, Skype or email, as negotiated between mentor and mentee) for the duration of their award.

Mentee Specification

Essential Criteria

- Employed as an academic primary health care scientist
- A member of SAPC
- Willing to participate in the Mentorship scheme
- Committed to a career in Academic Primary Care

Desirable Criteria

 Willing to participate in face-to-face and online networking, outreach and/or peer support events related to the mentorship scheme

How to apply

If you are interested in joining the scheme as a mentee, please complete the application form and send it to office@sapc.ac.uk.

To find out more contact Christine Bond (<u>c.m.bond@abdn.ac.uk</u>) or Sandra Eldridge (S.eldridge@qmul.ac.uk)

MENTORSHIP FOR PRIMARY HEALTH CARE SCIENTISTS:

MENTEE APPLICATION FORM

Personal Details Full Name:	
Job Title:	
Date appointed:	
Contact Details Tel.: (work)	Mobile:
Home address:	
Postcode:	
Email address:	
Professional background:	
Area of Research Interest(s):	
Any awards and/or previous awards:	

Mentorship Goals

What would you like to gain from the mentorship scheme? (*Please specify up to four key issues that you would like to focus on during your mentoring experience-max 300 words*)

The following is a list of benefits that people often gain from mentoring. (Please indicate all that would be helpful for you to receive within your mentorship experience)

Raise awareness of career opportunities Networking skills **Sponsorship** Methodological advice Applying for research grants Publication of research Public speaking and dissemination of research Academic leadership skills Enhancing national/international profile Improving role performance Personal professional development **Decision making** Managing transitions Work-life balance A sounding board for ideas Challenging thinking **Encouragement and support** Overcoming obstacles

Application

If you become a mentee, we may ask you to provide a short profile and/or photograph for our website, and that you agree to take part in the evaluation of the mentorship scheme. Please confirm below that you agree to these conditions

I agree that if selected to be a mentee:

I will participate in any evaluation of the scheme which would include either a short survey, interviews or focus groups

Yes/No

I will provide a short profile and/or photograph for the PHoCuS website

Yes/No

Please return your completed application form, with an attached CV to office@sapc.ac.uk

If you would like further information about the scheme, please contact Sandra Eldridge (s.eldridge@qmul.ac.uk) or Christine Bond (c.m.bond@abdn.ac.uk)

Thank you.

Please note: Any data given as part of this application will be stored securely and treated with strict confidentiality. The only people who will have access to your application form will be a small sub-group of SAPC who will be looking at applications.